

Red Hot Salsa

拍數: 64 牆數: 1 級數: Improver
編舞者: Totoy Pinoy (USA) - November 2012
音樂: Red Hot Salsa - Dave Sheriff



Intro: Start dancing on lyrics.

Sec 1-8: STEP-LOCK, FORWARD SHUFFLE

1-2 Step R forward, lock L behind R
3&4 Shuffle forward R,L,R
5-6 Step L forward, lock R behind L
7&8 Shuffle forward L,R,L

Sec 9-16: HIP BUMPS, MAMBO STEPS

1-2 Bump hips to right twice
3-4 Bump hips to left twice
5&6 Rock R to side, recover to L, step R together
7&8 Rock L to side, recover to R, step L together

Sec 17-24: FORWARD ROCK, HALF-TURN SHUFFLE

1-2 Rock R forward, recover to L
3&4 Turn 1/2 right and shuffle forward R,L,R
5-6 Rock L forward, recover to R
7&8 Turn 1/2 left and shuffle forward L,R,L

Sec 25-32: QUARTER-TURN LEFT, VINE TO RIGHT, ROLLING VINE TO LEFT

1-2 Turn 1/4 left and step R to side, cross L behind R
3-4 Step R to side, touch L together
5-6 Turn 1/4 left & step L forward, turn 1/2 left & step R forward
7-8 Turn 1/4 left & step L forward, touch R together

Sec 33-48: FORWARD ROCK, COASTER STEP

1-2 Turn 1/4 left and rock R forward, recover to L
3&4 Step R back, step L together, step R forward
5-6 Rock L forward, recover to R
7&8 Step L back, step R together, step L forward
9-16 Repeat 1-8

Sec 49-56: CROSS ROCK, TURNING SHUFFLES, BACK ROCK

1-2 Rock R over L, recover to L
3&4 Turn 1/4 right and shuffle forward R,L,R
5&6 Shuffle L,R,L turning 1/2 right
7-8 Rock R back, recover to L

Sec 57-64: STEP-CLOSE-STEP-CLOSE, POINT SWITCHES, HEEL HOOK

1-2 Step R forward, step L together
3-4 Step R forward, step L together
5&6& Touch R to side, step R together, touch L to side, step L together
7-8 Touch R heel forward, hook R over L

REPEAT

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