

Can't Live

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kim Ray (UK) - November 2012
音樂: Without You - Harry Nilsson : (CD: Nilsson Schmilsson - Remastered 2004)



Intro: 8 (slow) counts

CROSS ROCK/RECOVER, & CROSS, FULL TURN LEFT & SIDE CROSS SIDE, ROCK BACK/RECOVER

1-2 Cross rock right over left, recover back
&3 Step right in place, cross left over right
4& ¼ turn left stepping back on right, ½ left stepping forward on left
5&6 ¼ turn left stepping right to right side, cross left over right, step right to right side
7&8 Rock back on left, recover on right, step left to left side (12o/c)

TOGETHER, ¼ TURN LEFT, FULL TURN LEFT, ROCK/RECOVER, RUN BACK, ½ TURN RIGHT, PIVOT ½ TURN RIGHT, ROCK/RECOVER, SIDE

&1 Step right next to left, ¼ turn left stepping forward on left (9o/c)
2& ½ turn left stepping back on right, ½ turn left stepping forward on left
3-4 Rock/lean forward on right, recover back on left
&5 Small run back on right, small run back o left
6&7 ½ turn right stepping forward on right, step forward on left, ½ pivot turn right
8&1 Cross rock left over right, recover on right, step left to left side (9o/c)

ROCK BACK/RECOVER, SIDE, WEAWE, ¼ LEFT HITCH, CROSS WALKS FORWARD, ½ PIVOT TURN LEFT

2&3 Rock back on right, recover on left, large step right to right side
4&5 Cross left behind right, step right to right side, cross left over right
6-7 On left foot ¼ turn left hitching right knee up and stepping right over left, step left over right (6-7 travels forward) (6o/c)
8& Step forward on right, ½ pivot turn left (12o/c)

ROCK/RECOVER, FULL TURN RIGHT, ½ TURN SWEEPING SAILOR CROSS, SIDE ROCK CROSS, FULL TURN LEFT

1-2 Rock forward on right, recover back on left
&3 ½ turn right stepping forward on right, ½ turn right stepping left next to right
4&5 Sweeping right out and round cross right behind left (starting to make ½ turn right), step left next to right, cross right over left (finishing ½ turn right) 6o/c
6&7 Side rock left, recover on right, cross left over right (slightly travelling forward)
8& ½ turn left stepping back on right, ¼ turn left stepping left to left side (9/oc)

TAG: Danced at the end of wall 3 facing 3o/c

CROSS UNWIND, STEP TO LEFT SIDE

1-4 Cross right over left, unwind full turn over two counts, step left to left side

Start again

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