Standing In The Hall of Fame

級數: Intermediate

編舞者: Val O'Connor (UK) - November 2012

音樂: Hall of Fame (feat. will.i.am) - The Script : (Single)

牆數: 4

INTRO: 32 count intro (Just after vocals begin) (22 secs)

SIDE R, L CROSS ROCK BACK, ¼ L, STEP R, ¼ L, CROSS R, ¾ R STEP FORWARD L, R CROSS ROCK

- 1-2&3 Step R long step to R side, cross rock L behind R, recover onto R, ¼ L stepping forward L (9 o'clock)
- 4&5 Step forward on R, turn ¼ L stepping L to left side, cross R over L (6 o'clock)
- 6&7 Turn ¼ R stepping back L, ½ R stepping forward R, step forward L (3 o'clock)
- 8& Rock R across L, recover weight back on L

SWAYOUT & BACK RL, HEELS UP DOWN, R NEXT TO L, CROSS L OVER R SWEEP R, R CROSS & BEHIND SWEEP L, STEP BACK L, 1/4 R SIDE R, L CROSS SHUFFLE

- 1-2&3&4 Sway to R as you step back on R, sway to L as you step back on L (feet apart), (&3) raise both heels up down, (&4) Step R next to L, cross L over R at same time start to sweep R towards front
- 5&6 Cross R over L, step L to L side, cross R behind L at same time sweep L towards back
- 7& Stepping back L,1/4 R stepping R to R side (6 o'clock)
- 8&1 Cross L over R, step R to R side, cross L over R (Restart wall 5 see below)

1/4 R FORWARD MAMBO, 1/2 L SAILOR SWEEP R, R CROSS SHUFFLE, 1/8th L MAMBO SWEEP R

- 2&3 Turn ¼ R rocking forward on R, recover weight back on L, step back R at same time start to sweep L back (9 o'clock)
- 4&5 Turn ½ L crossing L behind R, step R to R side, step forward on L at the same time sweeping R forward (3 o'clock)
- 6&7 Cross R over L, step L to L side, cross R over
- 8& Turn 1/8th L, Rocking forward L, weight back on R, step back on L starting to sweep R towards back (L diagonal)

1/8th R BEHIND L SIDE CROSS R, $^{\prime\prime}_{4}$ R $^{\prime\prime}_{4}$ R CROSS L, BACK R SIDE L CROSS R, $^{\prime\prime}_{4}$ R STEPPING BACK L SIDE R CROSS L

- 2&3 Cross R behind L making 1/8th turn L (facing front wall), step L to L side, cross R over L (12 o'clock)
- 4&5 Turn ¼ R stepping back on L, ¼ R stepping R to R side, cross L over R (6 o'clock)
- 6&7 Step back on R, step L to L side, cross R over L
- &8& (&) Turn ¼ R stepping back on L, (8) step R to R side, (&) cross L over R (9 o'clock)

END OF DANCE

Wall 5 – RESTART Dance up to count 8 in section 2,(omit &1) restart dance from the beginning. You will be facing 6 o'clock wall.

ENJOY

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拍數: 32