

Stopping Every Minute

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Gloria Stone (USA) - November 2012
音樂: Don't Rush (feat. Vince Gill) - Kelly Clarkson



***Start after 32 counts on "Let's Wake Up"**

OUT, OUT, HOLD, SWAY, SWAY, TRIPLE RIGHT CROSS UNWIND ¾ TURN RIGHT

&1,2 Step Right side right, Step Left side left, Hold
3,4 Sway right, Sway left
5&6 Step Right side right, Step Left together, Step Right side right
7,8 Cross left over Right, Unwind ¾ turn to right transferring weight to Left

TRIPLE FORWARD, ROCK, RECOVER, BACK COASTER, ROCK RECOVER

1&2 Step Right forward, Step Left together, Step Right forward
3,4 Rock Left forward, Recover Right
5&6 Step Left backward, Step Right together, Step Left Forward
7,8 Rock Right Forward, Recover Left

RIGHT SAILOR, LEFT SAILOR, STEP RIGHT BACK, ½ TURN RIGHT, CROSS TRIPLE

1&2 Step Right behind Left, Step Left side left, Step Right side right
3&4 Step Left behind Right, Step Right side left, Step Left side right
5,6 Step back Right, make ½ turn right ending with weight on Right
7,8 Cross Left over Right, Step Right side right, Cross Left over Right

STEP RIGHT, CROSS, HOLD, STEP RIGHT, CROSS, HOLD, STEP RIGHT, CROSS ROCK, RECOVER, STEP LEFT, ROCK BACK, RECOVER

&1,2 Step Right side right, Cross Left over Right, Hold
&3,4 Step Right side right, Cross Left over Right, Hold
&5,6 Step Right side right, Rock Left over Right, Recover
&7,8 Step Left side left, Rock Right behind Left, Recover

RESTART #1: On the fourth repetition after 16 counts

TAG: At the end of the eighth repetition —Repeat 3X

OUT, OUT, HOLD, STEP TOUCH, TURN TOUCH

&1,2 Step Right side right, Step Left side left
3,4 Sway right, Sway left
5,6 Step Right side right, Touch Left to Right
7,8 Step Left ¼ turn left, Touch Right to left

RESTART #2: On the ninth repetition after 24 counts

ENDING: On the eleventh repetition after 16 counts facing 12:00

OUT, OUT, HOLD, SWAY, SWAY, SWAY TO END

&1,2 Step Right side right, Step Left side left, Hold
3,4 Sway right, Sway left
5-14 Sway to the end

Contact: gstone@SneakersNSpurs.com

Version: March 19, 2013

