

Stupid Heart

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ria Vos (NL) - November 2012
音樂: My Heart Is Refusing Me - Loreen : (Album: Heal or Single - New Version)



Intro: 32 Counts

Side Rock, Kick-Cross, Point, ¼ L, ½ L, Shuffle ½ Turn L

1-2 Rock R to R Side, Recover on L
3&4 Kick R Fwd, Cross R Over L, Point L to L Side
5-6 ¼ Turn L Step weight on L, ½ Turn L Step Back on R
7&8 Shuffle ½ Turn L Stepping L, R, L

Rock Fwd, ¼ R, Cross, ¼ R, Sweep ¼ Turn R, Samba Step

1-2 Rock Fwd on R, Recover on L
3-4 ¼ Turn R Step R to R Side, Cross L Over R
5-6 ¼ Turn R Step Fwd on R, Sweep L into ¼ Turn R
7&8 Cross L Over R, Rock R to R Side, Recover on L

Cross Rock, Chasse R, Cross, Monterey ½ Turn R

1-2 Rock R Over L, Recover on L
3&4 Step R to R Side, Step L Next to R, Step R to R Side
5-6 Cross L Over R, Point R to R Side
7-8 ½ Turn R Step R Next to L, Point L to L Side

Cross, Full Turn L (¼ L, ½ L, ¼ L), Behind, ¼ R, Step Pivot ½ Turn R

1-2 Cross L Over R, ¼ Turn L Step Back on R
3-4 ½ Turn L Step Fwd on L, ¼ Turn L Step R to R Side
5-6 Step L Behind R, ¼ Turn R Step Fwd on R
7-8 Step Fwd on L, Pivot ½ Turn R

Diagonal Step, Lock, Diag. Lock Step Fwd, Diagonal Step, Lock, Kick-Ball-Cross

1-2 Step L Fwd to L Diagonal, Lock R Behind L
3&4 Step L Fwd to L Diagonal, Lock R Behind L, Step L Fwd to L Diagonal
5-6 Step R Fwd to R Diagonal, Lock L Behind R
7&8 Kick R to R Diagonal, Step R Next to L, Cross L Over R

Side, Bounce ¼ L, Hitch ¼ L, Side, Point, ¼ R Fwd, Scuff Turning ½ R

1 Step R to R Side
2-3 Bounce Heels for 2 Counts Turning ¼ L (ending weight on R)
4-5 Hitch L into ¼ Turn L, Step L to L Side
6-7 Point R to R Side, ¼ Turn R Step weight on R
8 Scuff L Next to R and Turn ½ R Slightly Hitching L (ready to go BACKwards)

Back, Back, Coaster Step, Point Fwd-Side, Hitch-Side-Together

1-2 Step Back on L, Step Back on R
3&4 Step Back on L, Step R Next to L, Step Fwd on L
5-6 Point R Fwd, Point R to R Side
7&8 Hitch R, Step R to R Side, Step L Next to R

Side Rock, Sailor ¼ R, Rock Fwd, Coaster Cross

1-2 Rock R to R Side, Recover on L

3&4 Step R Behind L Turning $\frac{1}{4}$ R, Step L Next to R, Step Fwd on R
5-6 Rock Fwd on L, Recover on R
7&8 Step Back on L, Step R Next to L, Cross L Over R

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