

# Me & My Boy

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: High Beginner  
編舞者: Ann-Kristin Sandberg (NOR) - November 2012  
音樂: The Boy Does Nothing - Alesha Dixon : (EP - iTunes)



Start dancing on vocals "Does he wash up". (24 sec into the music)

## Rock-Kick-Rock-Kick-Kick –Steps-Hip to right left right

1&2&      Rock right foot to right side, Recover onto left, Kick right foot forward, Step right foot back  
3&4&      Rock left foot to left side, Recover onto right, Kick left foot forward, Step left foot back  
5&6&      Kick right foot forward, Step right foot back, Kick left foot forward, Step left beside right  
7&8      Move right hip to right side, Move left hip to left side, Move right hip to right side

## Chasse-1/4 turn R-Chasse-Coaster step-Shuffle

1&2      Step left foot to left side, Step right beside left, Step left foot to left side  
3&4      ¼ turn right stepping right to right side(03.00), Step left beside right, Step right to right side  
5&6      Step left foot back, Step right beside left, Step left foot forward  
7&8      Step right foot forward, Step left beside right, Step right foot forward

## Step-1/4 turn right-Cross-Chasse-Touch heels-Coaster step

1&2      Step left foot forward, ¼ turn right stepping right to right side (06.00), Cross left in front of right  
3&4      Step right to right side, Step left beside right, Step right to right side  
5&6&      Touch left heel forward, Left beside right, Touch right heel forward, Right beside left  
7&8      Step left foot back, Right beside left, Step left foot forward

## Running steps-Rock-Recover-Side steps right-Side steps left

1&2      Step right foot forward, Step left foot forward, Step right foot forward  
3&4      Rock left foot forward, Recover onto right, Step left beside right  
5&6&      Step right to right side, Left beside right & clap hands at the same time, Step right to right side, Touch left beside right & clap hands at the same time  
7&8&      Step left to left side, Right beside left & clap hands at same time, Step left to left side, Touch right beside left & clap hands at same time

NO TAGS - NO RESTART

ENJOY!!

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