

Catch My Breath

COPPER KNOB
BY STEPHEN B. T. S.

拍數: 32 牆數: 2 級數: Lower Intermediate
編舞者: Mark Furnell (UK) - November 2012
音樂: Catch My Breath - Kelly Clarkson



Available on iTunes and Amazon. From the 25th Nov 2012.
But available to download from American iTunes if you have an account.

[1-8] Stomp, Hold, Ball Step Touch. Turn, Turn, Coaster Step

1,2 Stomp Rt to Rt. Hold
&3,4 Step Lt to Rt, step Rt to Rt, Touch Lt to Rt
5-6 Step Lt to Lt making ¼ turn Lt, Step back Rt making ½ turn Lt.
7&8 Step back Lt, Close Rt to Lt, Step fwd Lt

[9-16] Stomp, Hold, Ball Step Tap, And Touch And Kick And Touch And Kick

1-2 Stomp Fwd Rt, Hold
&3-4 Step Lt to Rt, Step Rt Fwd, Tap Lt toe behind Rt
&5-6 Step Down on Lt , Touch Rt toe across Lt bending Lt knee, Kick Rt Fwd,
&7-8 Step back Rt, touch Lt toe across Rt bending Rt knee, Kick Lt Fwd.

[17-24] Coaster Step, Shuffle, Rock Step, Shuffle Turn.

1&2 Step back on Lt, Close Rt to Lt, Step fwd on Lt
3&4 Step Fwd Rt, Close Lt to Rt, Step Fwd Rt
5, 6 Rock Fwd Lt, Replace Rt,
7&8 Step Lt to Lt making ¼ turn Lt, Close Rt to Lt, Step Lt to Lt making ¼ turn Lt.

[25-32] Rock Turn, Behind Side Cross, Rock Step, Triple Whole Turn

1,2 Rock Rt to Rt making ¼ turn Lt, Replace Lt,
3&4 Step Rt behind Lt, Step Lt to Lt, Step Rt over Lt
5,6 Rock Lt to Lt, Replace Rt
7&8 Triple whole turn left, Stepping Lt, Rt Lt.

Happy Dancing....

PsNo Tags or Restarts ~~~~~