

A Thousand Years

COPPER KNOB
STEPPERS

拍數: 36 牆數: 2 級數: Improver / Intermediate
編舞者: Nicky Tan (MY) - May 2012
音樂: A Thousand Years - Christina Perri



Dance starts after 48 counts (at vocal)

Section 1 : Step forward with Ronde Sweep, Jazz Box

1-3 Step LF forward with RF Ronde sweep to front over two counts
4,5,6 Cross RF over LF, Step LF back, Step RF to R

Section 2 : Cross, Hold, Step, Behind, ¼ Turn Forward

1-3 Cross LF over RF & hold for two counts
4,5,6 Step RF to R, Cross LF behind RF, Turn ¼ R & Step RF forward

Section 3 : Forward Touch with body & arms movement

1-3 Touch LF forward & bend body forward at the same time with hands out in front, hold for two counts
4-6 Straighten body & open arms out to side

Section 4 : Basic Waltz Back, ¼ Turn Twinkle turning R

1,2,3 Step LF back, Step RF beside LF, Step LF beside RF
4,5,6 Cross RF over LF, Turn ¼ R & Step LF to L, Step RF beside LF

Section 5 : Cross, ½ Turn, Step, Cross, ½ Turn, Step

1,2,3 Cross LF over RF, Turn ¼ L & Step RF back, Turn ¼ L & Step LF to L
4,5,6 Cross RF over LF, Turn ¼ R & Step LF back, Turn ¼ R & Step RF to R

Section 6 : Step, Point, Hold 2X

1,2,3 Step LF forward, Point RF to R, Hold
4,5,6 Step RF back, Point LF to L, Hold

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