

# A Thousand Years

**COPPER KNOB**  
STEPSHEETS

拍數: 36                      牆數: 2                      級數: Improver / Intermediate  
編舞者: Nicky Tan (MY) - May 2012  
音樂: A Thousand Years - Christina Perri



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Dance starts after 48 counts (at vocal)

**Section 1 : Step forward with Ronde Sweep, Jazz Box**

1-3                      Step LF forward with RF Ronde sweep to front over two counts  
4,5,6                      Cross RF over LF, Step LF back, Step RF to R

**Section 2 : Cross, Hold, Step, Behind, ¼ Turn Forward**

1-3                      Cross LF over RF & hold for two counts  
4,5,6                      Step RF to R, Cross LF behind RF, Turn ¼ R & Step RF forward

**Section 3 : Forward Touch with body & arms movement**

1-3                      Touch LF forward & bend body forward at the same time with hands out in front, hold for two counts  
4-6                      Straighten body & open arms out to side

**Section 4 : Basic Waltz Back, ¼ Turn Twinkle turning R**

1,2,3                      Step LF back, Step RF beside LF, Step LF beside RF  
4,5,6                      Cross RF over LF, Turn ¼ R & Step LF to L, Step RF beside LF

**Section 5 : Cross, ½ Turn, Step, Cross, ½ Turn, Step**

1,2,3                      Cross LF over RF, Turn ¼ L & Step RF back, Turn ¼ L & Step LF to L  
4,5,6                      Cross RF over LF, Turn ¼ R & Step LF back, Turn ¼ R & Step RF to R

**Section 6 : Step, Point, Hold 2X**

1,2,3                      Step LF forward, Point RF to R, Hold  
4,5,6                      Step RF back, Point LF to L, Hold

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