

Henpecked Redneck

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Adrian Helliker (FR) & Marie Sørensen (TUR) - October 2012
音樂: Henpecked Redneck by Audrey Tucker



Intro: 8 Counts

[1-8] SHUFFLE FORWARD RIGHT, LEFT, OUT, OUT , IN, IN,

1&2 Step forward right to right diagonal, step left beside right, step right to right diagonal
3&4 Step forward left to left diagonal, step right beside left, step left to left diagonal.
5-6 Step right diagonally forward right, step left diagonally forward left
7-8 Step right back, step left beside right (12:00)

[9-16] CHASSE, BACK ROCK, RECOVER, CHASSE ¼ TURN LEFT, WALK, WALK

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back left, recover
5&6 Step left to left side, step right beside left, ¼ turn left, step fwd. left
7-8 Walk fwd. right, left (09:00)

Restart the dance here during wall 7 – Facing 09:00

[17-24] ROCK & RECOVER, COASTER STEP, ½ TURN, SHUFFLE FWD.

1-2 Rock of right forward, recover onto left
3&4 Step right back, left beside right, right forward
5-6 Step left forward, make ½ turn right taking weight onto right
7&8 Shuffle forwards, (Left-Right-Left) (03:00)

Option: 1-2 3&4 Rock forward & recover onto left triple full turn right stepping (Right-Left-Right)

Restart the dance here during wall 3 – Facing 09:00

[25-32] STEP ½ TURN, SHUFFLE FWD. TOE SWITCHES LEFT, RIGHT, LEFT, TOUCH

1-2 Step fwd. right, ½ turn left (weight on left)
3&4 Step fwd. right, step left beside right, step fwd. right
5&6& Point left to left side, step left beside right, point right to right side, step right beside left
7&8 Point left to left side, step left beside right, touch right beside left (09:00)

RESTARTS:-

During wall 3, after 24 counts – Facing 09:00

During wall 7, after 16 counts – Facing 09:00

TAG: After wall 6 – 6 Counts tag – Facing 12:00

JAZZ BOX, POINT, TOUCH

1-2 Cross right over left, step back on left
3-4 Step right to right side, step left beside right
5-6 Point right to right side, touch right beside left (12:00)

Note: We have permission from Audrey Tucker to share this great music – Please send us an e.mail.

Have Fun!

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