

# Henpecked Redneck

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Adrian Helliker (FR) & Marie Sørensen (TUR) - October 2012  
音樂: Henpecked Redneck by Audrey Tucker



## Intro: 8 Counts

### [1-8] SHUFFLE FORWARD RIGHT, LEFT, OUT, OUT, IN, IN,

1&2      Step forward right to right diagonal, step left beside right, step right to right diagonal  
3&4      Step forward left to left diagonal, step right beside left, step left to left diagonal.  
5-6      Step right diagonally forward right, step left diagonally forward left  
7-8      Step right back, step left beside right (12:00)

### [9-16] CHASSE, BACK ROCK, RECOVER, CHASSE ¼ TURN LEFT, WALK, WALK

1&2      Step right to right side, step left beside right, step right to right side  
3-4      Rock back left, recover  
5&6      Step left to left side, step right beside left, ¼ turn left, step fwd. left  
7-8      Walk fwd. right, left (09:00)

Restart the dance here during wall 7 – Facing 09:00

### [17-24] ROCK & RECOVER, COASTER STEP, ½ TURN, SHUFFLE FWD.

1-2      Rock of right forward, recover onto left  
3&4      Step right back, left beside right, right forward  
5-6      Step left forward, make ½ turn right taking weight onto right  
7&8      Shuffle forwards, (Left-Right-Left) (03:00)

Option: 1-2 3&4 Rock forward & recover onto left triple full turn right stepping (Right-Left-Right)

Restart the dance here during wall 3 – Facing 09:00

### [25-32] STEP ½ TURN, SHUFFLE FWD. TOE SWITCHES LEFT, RIGHT, LEFT, TOUCH

1-2      Step fwd. right, ½ turn left (weight on left)  
3&4      Step fwd. right, step left beside right, step fwd. right  
5&6&      Point left to left side, step left beside right, point right to right side, step right beside left  
7&8      Point left to left side, step left beside right, touch right beside left (09:00)

## RESTARTS:-

During wall 3, after 24 counts – Facing 09:00

During wall 7, after 16 counts – Facing 09:00

TAG: After wall 6 – 6 Counts tag – Facing 12:00

### JAZZ BOX, POINT, TOUCH

1-2      Cross right over left, step back on left  
3-4      Step right to right side, step left beside right  
5-6      Point right to right side, touch right beside left (12:00)

Note: We have permission from Audrey Tucker to share this great music – Please send us an e.mail.

Have Fun!

## Contacts:-

Adrian Helliker - [adrianhelliker@aliceadsl.fr](mailto:adrianhelliker@aliceadsl.fr)

Marie Sørensen - [sunshinecowgirl1960@gmail.com](mailto:sunshinecowgirl1960@gmail.com) - [www.sunshine-cowgirl-linedance.dk](http://www.sunshine-cowgirl-linedance.dk)

