Call Me Up



拍數: 58 牆數: 4 級數: Intermediate

編舞者: Vera Kuiper (NL) - November 2012 音樂: Just Call Me by The Overtones



Dance starts after 16 counts.

Touch 8	2. Hin	Touch 8	. Touch Hin	. Hip & hip 2x	
- Louch a	K MID.	. Touch e	k louch mid	. MID & NID ZX	

1	RF touch toe t	forward and	bump hip forward

& RF step next to LF

2 LF touch toe forward and bump hip forward

& LF step next to RF

3 RF touch toe forward and bump hip forward

& Bump right hip back
4 Bump right hip forward
& RF step next to LF

5 LF touch toe forward and bump hip forward

& LF step next to RF

6 RF touch toe forward and bump hip forward

& RF step next to LF

7 LF touch toe forward and bump hip forward

& Bump left hip backwards8 Bump left hip forward

Touch out, Step Touch out, Step, Coaster step 2x

1 RF touch toe out (a little low in the knees and stretch your R hand diagonal in front off L

knee).

& RF step next to LF

2 LF touch toe out (a little low in the knees and stretch your L hand diagonal in front of R knee)

3 LF step backwards
& RF step next to LF
4 LF step forward

5 RF touch toe out (a little low in the knees and stretch your R hand diagonal in front of L knee)

& LF step next to RF

6 RF touch toe out (a little low in the knees and stretch your L hand diagonal in front of R

knee)

7 LF step backwards
& RF step next to LF
8 LF step forward

Jazz box 1/4 turn right with holds

1 RF cross over LF

2 Hold

3 LF step backwards

4 Hold

5 RF step 1/4 turn right step forward

6 Hold

7 LF step forward

8 Hold

Rock step, Sailor cross 1/2 turn right, In lock, Lockstep

1 RF rock forward

2	Rock back on LF
3	RF cross behind LF
&	LF 1/2 turn right step to the side
4	RF cross over LF
5	LF step forward
6	RF lock behind LF
7	LF step forward
&	RF lock behind LF
8	LF step forward

Rock step, Sailor cross 3/4 turn right, Run, Run, Run.

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1	R	F rock forward
2	R	ock back on LF
3	R	F cross behind LF
&	LF	= 3/4 turn right step to the side
4	R	F cross over LF
5	LF	run forward
6	R	F run forward
7	LF	run forward

8 Hold

Monterey turn 1/2 right, Monterey turn 1/4 right.

	tarr 1/2 right, wenterey tarr 1/1 right.
1	RF touch toe out
2	RF turn 1/2 right and step next to LF
3	LF touch toe out
4	LF step next to RF
5	RF touch toe out
6	RF turn 1/4 right step next to LF
7	LF touch toe out
8	LF step next to RF

Dorothy steps, Rock step, full turn , 1/2 turn right

1	RF step diagonal forward
2	LF cross behind RF
&	RF step diagonal forward
3	LF step diagonal forward
4	RF cross behind LF
&	LF step forward
5	RF rock forward
6	Rock back on LF
7	RF 1/2 turn right step forward
&	LF 1/2 turn right step backwards
8	RF 1/2 turn right step forward

Coaster step

1	LF step backwards
&	RF step next to LF
3	LF step forward

RESTART: Dance wall 2 till count 50 First Dorothy steps your weight is then LF and start over

RESTART: Dance Wall 5 till count 44 and start over

Have fun

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