

Shake Your Groove Thing

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: Improver
編舞者: Gilbert Vianzon (USA) - November 2012
音樂: Shake Your Groove Thing - Peaches & Herb



Introduction: 32 counts intro

(Section 1) □ Cross Rock, Chasse, Vine to Right, ¼ Turn Right

1-2 Cross rock RF diagonally towards left, replace with LF
3&4 Chasse to the right : step right to side, left next to right, step right to side
5-8 Cross LF over RF, step RF to right, step LF behind RF, step RF forward making ¼ turn right

(Section 2) □ ½ Turn Right, Forward Shuffle Left, Kick Ball Change 2X

1-2 Step forward LF, ½ pivot turn right, step forward RF
3&4 Forward shuffle left: step forward left, right foot next to left, step forward left
5&6 Kick forward RF, step on ball of feet RF, step down on left foot
7&8 Kick forward RF, step on ball of feet RF, step down on left foot

(Section 3) □ Forward Shuffle, 1/4 Turn Left Shuffle 3X

1&2 Forward shuffle R L R
3&4 1/4 turn left and shuffle L R L
5&6 ¼ turn left and shuffle, R L R
7&8 ¼ turn left and shuffle L R L

(Section 4) □ Sway Right, Left, Right, Left, Paddle Turn Left

1-4 Slightly bend knees and sway to Right, Left, Right, Left
5-8 Step forward RF , ¼ turn left putting weight on the ball of RF, step LF in place 2X

START AGAIN.

Bridge: On Wall 1, dance to count 24. Add

1-4 Sway to Right, Left, Right, Left

Proceed with counts 25-32

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