

Baby Don't Rush

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Malene Jakobsen (DK) - November 2012
音樂: Don't Rush (feat. Vince Gill) - Kelly Clarkson : (iTunes)



Intro: 32 counts, 23 seconds into track. Dance begins with weight on L

Restarts: There are 2 Restarts: Wall 4 after 16 counts, you will be facing 6.00. Wall 9 after 24 counts, you will be facing 9.00

Tag: There is a 24 counts Tag after wall 8, you will be facing 6.00

[1-8] Side, hold, ball, side rock, cross, side, behind side cross

1-2 (1) Step R to R, (2) hold 12.00
&3-4 (&) Step L next to R, (3) rock R to R, (4) recover onto L 12.00
5-6 (5) Cross R over L, (6) step L to L 12.00
7&8 (7) Cross R behind L, (&) step L to L, (8) cross R over L 12.00

[9-16] Shuffle 1/4, 1/4, 1/4 with sweep, cross, side, behind side cross

1&2 (1) Turn 1/4 R stepping back on L, (&) step R next to L, (2) step back on L 3.00
3-4 (3) Turn 1/4 R stepping R to R starting to sweep L, (4) on ball of R sweep L another 1/4 R 9.00
5-6 (5) Cross L over R, (6) step R to R 9.00
7&8 (7) Cross L behind R, (&) step R to R, (8) Cross L over R 9.00

NOTE: Wall 3: Your first restart is here, you will be facing 6.00

[17-24] Side rock, samba step, cross, 1/2, chasse

1-2 (1) Rock R to R, (2) recover onto L 9.00
3&4 (3) Cross R over L, (&) rock L to L, (4) recover onto R 9.00
5-6 (5) Cross L over R, (6) turn 1/4 L stepping back on R and continue the turn another 1/4 L on ball of R 3.00
7&8 (7) Step L to L, (&) step R next to L, (8) step L to L 3.00

NOTE: Your second restart is here, you will be facing 9.00

[25-32] Back rock, chasse, touch, side, back rock

1-2 (1) Rock back on R, (2) recover onto L 3.00
3&4 (3) Step R to R, (&) step L next to R, (4) step R to R 3.00
5-6 (5) Touch L next to R, (6) step L to L 3.00
7-8 (7) Rock back on R, (8) recover onto L 3.00

TAG: FOOTWORK – FACING 6.00

[1-8] Side, hold, ball, side rock, cross, side, behind side cross

1-2 (1) Step R to R, (2) hold 6.00
&3-4 (&) Step L next to R, (3) rock R to R, (4) recover onto L 6.00
5-6 (5) Cross R over L, (6) step L to L 6.00
7&8 (7) Cross R behind L, (&) step L to L, (8) cross R over L 6.00

[9-16] Side, hold, ball, side rock, cross, side, behind side cross

1-2 (1) Step L to L, (2) hold 6.00
&3-4 (&) Step R next to L, (&) rock L to L, (4) recover onto R 6.00
5-6 (5) Cross L over R, (6) step R to R 6.00
7&8 (7) Cross L behind R, (&) step R to R, (8) cross L over R 6.00

[17-24] Side, hold, ball, side rock, cross, side, side rock

1-2 (1) Step R to R, (2) hold 6.00

&3-4 (&) Step L next to R, (3) rock R to R, (4) recover onto L 6.00

5-6 (5) Cross R over L, (6) step L to L 6.00

7-8 (7) Rock R to R, (8) recover onto L 6.00

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