

Let it Fall

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Donna Manning (USA) - November 2012
音樂: Skyfall - Adele



32 Count Intro after initial chords.....

Please enhance tempo a little faster for comfort and pace.

Sec.1: L Cross Rock, Recover, Rock ¼ Turn L, Step Back, Back, Touch, Side, Touch

1, 2, 3, 4 Cross Rock L over R, Recover to R, Step L to L side turning ¼ to the left on the ball of the L (over the L shoulder), Step back on the R (9:00)
5, 6, 7, 8 Step L back, Touch R next to L, Step R to R side, Touch L next to R (9:00)

Sec.2: Step, Sweep, Step, Sweep, Rock, Recover, ¼ Turn L, Cross

1, 2, 3, 4 Step L forward, Sweep R back to front, Step down on R, Sweep L back to front
5, 6, Step down on L into a forward Rock Step, Recover weight to R
7, 8 ¼ Turn L stepping L to L Side, Cross R over L (6:00)

****Restart here on Wall 4 facing 9:00 – on count 8 bring R close to L taking weight to R****

Sec.3: Side, Behind, Side, Point, Side, Point, L Side Rock, Recover

1, 2, 3, 4 Step L to L Side, Step R Behind L, Step L to L Side, Point R Toe in front and across L
5, 6, 7, 8 Step R to R side, Point L toe in front and across R, Rock L to L Side, Recover weight to R (6:00)

Sec.4: Cross, ¼ Turn L, ¼ Turn L, Step, ¼ Turn L Cross Rocking Chair

1, 2, L Cross over R, ¼ Turn L Stepping back on R,
3, 4 ¼ Turn L Stepping forward on L, Step R forward taking weight and beginning ¼ turn L on the ball of the R
5, 6, 7, 8 Finish ¼ Turn L to go into L Cross Rock, Recover weight to R, Rock L back on diagonal, recover weight to R (9:00)

****Easy option for Sec. 4*****

Cross, Side, Behind, ¼ Turn R, L Cross Rocking Chair - still finishing @ 9:00

Will finish to the front if you dance it all the way through

END OF DANCE - HAVE FUN!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script. Video rights assigned to choreographer.

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