

Saving All My Love 4 U

COPPERKNOB
BYEFOHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Isa Lau - October 2012
音樂: Saving All My Love for You - Whitney Houston



Count In: After 16 counts, on lyric

1/8 Turn R with Sweep, 1/4 Turn L Walk, Walk, 2x Rock Step, 1/2 Turn R with Sweep, 3/8 Turn L with Sweep, Behind, Side, Cross

- 1, 2& Make 1/8 turn R stepping forward on L while sweeping R around to front (1:30), Making 1/4 turn L walk forward on R (10:30), Walk forward on L
- 3&4& Rock forward on R, Recover weight on L, Rock forward on R, Recover weight on L
- 5, 6, 7 Make 1/2 turn R putting weight to R while sweeping L around to front (4:30), Rock forward on L, Make 3/8 turn L recover weight on R while sweeping L around to back(12:00)
- 8&1 Cross L behind R, Step R to R side, Cross L over R

Side, 2x Sways, Cross, Side, Cross, 1/4 Turn R, 1/4 Turn R, Full Turn R, Side

- 2 Step R to R side,
- 3&4& Sway hip to L, Sway hip to R, Sway hip to L, Sway hip to R
- 5&6 Cross L over R, Step R to R side, Cross L over R
- 7& Make 1/4 turn R rocking forward on R (3:00), Make 1/4 turn R recover weight to L (6:00)
- 8&1 Make 1/4 turn R stepping forward on R, Make 1/2 turn R stepping back on L, Make 1/4 turn R taking large step to R side (6:00)

2x Lock Back with 1/4 Turn R, Lock, Back with 1/4 Turn L, 1/4 Turn L Side, Back Rock

- 2&3 Lock L across R, Step back on R, Make 1/4 turn R Stepping back on L (9:00)
- 4&5 Lock R across L, Step back on L, Make 1/4 turn R Stepping R to R side (12:00)
- 6&7 Lock L across R, Make 1/4 turn L stepping back on R, Make 1/4 turn stepping L to L side (6:00)
- 8& Rock back on R slightly behind L, Recover weight on L

Full Turn R, Cross, 2x Nightclub Basics with 1/4 Turn R, Full Turn R

- 1&2&3 Make 1/4 turn R stepping forward on R, Make 1/2 turn R stepping back on L, Make 1/4 turn R stepping R to R side, Cross L over R, Take large step to R side
- 4&5 Rock back on L slightly behind R, Recover weight on L, Take large step to L side
- 6&7 Rock back on R slightly behind L, Recover weight on L, Make 1/4 turn R stepping forward on R (9:00)
- 8& Make 1/2 turn R stepping back on L, Make 1/2 turn R stepping forward on R

Being Again and Enjoy!

Restart 1 : On wall 2 after 12 counts

Restart 2 : On wall 4 after 8 counts

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