

Don't Be Afraid

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Peter Davenport (ES) - November 2012
音樂: Don't Be Afraid - Elliott Yamin



Start on the words "I don't mean to bother you" approx 16 sec. 2 tags & 1 Restart

Touch Sweep Sailor ½ R, Rock Forward Replace, Out Out Replace

1,2 Touch R toe forward, Start to Sweep R foot round ready for Sailor
3&4 Bring R behind L, Step L to L side, Step R forward
5,6 Rock forward on L, Recover on R
7&8 Step L out to L side, Step R out to R side, Rock & replace on L (quickly)

Jazz Box, Twist ½ R, ½ Turn R, Sailor ¼ R

1,2 Cross R over L, Step L back
3,4 Step R to R side, Step L forward
5,6 On balls of both feet twist ½ R, Make a further ½ R bring L to R (weight on L)
7&8 Sweep R round back of L step down, Make ¼ turn R Step L to L side, Step R to R side

Tag Wall 6, Change steps 7&8 to walk back RL, Restart the dance again.

Rock Replace Step Heels Up Down, Rock Replace Step Heels Up Down

1,2 Rock L over R, Recover on R
3&4 Step L to L side, Raise both heels up & down (weight on L)
5,6 Rock R over L, Recover on L
7&8 Step R to R side, Raise both heels up & down

Cross Rock, Shuffle ¼ L, Step ½ Turn L Full Turn L

1,2 Rock L over R, recover on R
3&4 Step L to L side, Bring r to L, Make ¼ L step forward on L
5,6 Step Forward on R, Pivot ½ L (bring weight on L)
7,8 Make ½ L step back on R, Make ½ L step forward on L

Cross Side, Behind Side Cross, Rock ¼, Rock ¼

1,2 Cross R over L, Step L to L side
3&4 Cross R behind L, Step L to L side, Cross R over L
5,6 Rock L out to L side, Recover on R making ¼ R
7,8 Rock L out to L side, Recover on R making ¼ R

Cross Side, Behind Side Cross, Monterey Full Turn R, Point Together

1,2 Cross L over R, Step R to R side
3&4 Step L behind R, Step R to R side, Cross L over R
5,6 Point R out to R side, On the ball of L make a full turn R bring R to L
7,8 Pont L out to L side, Bring L to R

Side Close, Chasse R, Rock Replace, Shuffle ¼ L

1,2 Step R to R side, Bring L to R (Cuban style)
3&4 Step R to R side, Bring L to R, Step R to R side (Cuban style)
5,6 Rock L over R, recover on R
7&8 Step L to L side, Bring R to L, Make ¼ L step L forward

Step ¾ L, Chasse R, Cross Rock, Chasse L

1,2 Step forward on R, pivot ¾ L (weight on L)
3&4 Step R to R side, Bring L to R, Step R to R side

5,6 Rock L over R, Recover on L
7&8 Step L to L side, Bring R to L, Step L to L side

Tag: End of wall 4, Rock forward R, Rock back L, Rock Back R, Rock forward L

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