

# Heaven

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: High Intermediate  
編舞者: Celia Stevens (NZ) - November 2012  
音樂: Inside Your Heaven - Carrie Underwood : (CD: Some Hearts)



**Intro – 16 counts, Start on the word “DOWN”**

**[1 – 8] FWD ROCK, ½, ½ PIVOT, TOG, ¼ PIVOT, SAILOR:**

1, 2            Step R forward, Recover on left  
& 3, 4        Turn ½ right step R together(6:00), Step L forward, Turn ½ right weight R 12:00  
&5, 6        Step L together, Step R forward, Turn ¼ left weight L 9:00  
7&8         Step R behind, Step L side, Step R side

**[9 -16] BEHIND, SIDE ROCK, R HITCH FULL TURN, SIDE, BEHIND-SIDE-CROSS ROCK, 2 FULL TURNS:**

& 1            Step L behind, Step R side  
2, 3            Side rock onto L hitching R turning 360 degrees Right, Step R side 9:00  
4&5            Step L behind, Step R side, Step L over right  
6&7            Recover weight R, Turn ¼ left step L forward (6:00), Turn ½ left step R back (12:00)  
&8&            Turn ½ left step L forward (6:00), Turn ½ left step R back (12:00), Turn ¼ left step L side 9:00

**Note: counts 6 to 8& is a traveling turn to the left as an alternative for the turns you can do side, cross shuffle, &cross, side**

**[17 – 24] CROSS ROCK & CROSS ROCK &, CROSS ¼ BACK, COASTER:**

1, 2 &        Step R over left, Recover weight L, Step R together  
3, 4 &        Step L over right, Recover weight R, Step L together  
5&6        Step R over left, Turn ¼ right step L back, Step R back 12:00  
7&8        Step L back, Step R together, Step L forward

**[25 – 32] SWEEP STEP, SWEEP STEP, CROSS-SIDE-BEHIND, SWEEP BEHIND ¼ FWD, ½, ½ BACK:**

1, 2            Sweep step R forward, Sweep step L forward  
3&4            Step R over left, Step L side, Step R behind  
&5&            Sweep L side, Step L behind, Turn ¼ right step R forward 3:00  
6, 7            Step L forward, Pivot ½ right weight R 9:00  
&8            Turn ½ right step L together, Step R back 3:00

**[33 – 40] & BACK ROCK, FWD ¾ TURN, SIDE-ROCK-CROSS, SIDE SHUFFLE:**

&1, 2        Step L together, Step R back, Recover weight L  
3&4        Turn ¼ left step R side, Turn ½ left step L side, Cross R over left 6:00  
5&6        Step L side, Recover weight R, Step L over right  
7&8        # Step R side, Step L together, Step R side {WALL 2 Restart here}

**[41 – 48] BACK-ROCK, ¼, ½, FWD ½ PIVOT, ½, BACK, BACK, ¼, SIDE-BEHIND-SIDE:**

1&            Step L back, Recover weight R  
2&            Turn ¼ right step L back (9:00), Turn ½ right step R together (3:00) 3:00  
3, 4            Step L forward, Pivot ½ right weight R (9:00) 9:00  
&5            Turn ½ right step L back (3:00), step R back 3:00  
6&            Step L back, Turn ¼ right step R together (6:00) 6:00  
7, 8&        Step L side, Step R behind, Step L side {End of Wall 4 add Tag here}

**TAG: At the end of WALL 4 add the following 4 counts then restart facing 12:00**

1, 2 & 3, 4&    R side rock, together, L side rock, together

**RESTART: On Wall 2 dance up to count 40 (#) then add an “&” count stepping L together, then restart from**

beginning now facing 12:00 Enjoy!

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