

The Strip Polka

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Marilene Sisco (USA) & Mary McConnell - October 2012
音樂: Strip Polka - The Andrews Sisters



Walls: 1 (can be easily made into more by changing jazz box into turning jazz box)

SIDE ROCK, RECOVER, CROSS TRIPPLE, SIDE ROCK, RECOVER, CROSS TRIPLE

1-2 Rock Right to Right side, Recover Left
3&4 Cross Right in front of Left, step Left to Left side, cross Right in front of Left
5-6 Rock Left to Left side, Recover Right
7&8 Cross Left in front of Right, step right to Right side, cross Left in front of Right

WALK FORWARD (RIGHT-LEFT-RIGHT), KICK LEFT; WALK BACK (LEFT RIGHT), LEFT COASTER STEP

1-4 Step right forward, Step left forward, Step right forward, Left kick forward
5-6 Step left back, Step right back
7&8 Step back on left foot, bring right foot together with left, step forward on left foot

RIGHT HIP BUMPS, POLKA BACK, COASTER STEP

1-4 push hip right bring back, repeat.
5&6 Triple backward right-left-right
7&8 Step back on left foot, bring right foot together with left, step forward on left foot

JAZZ BOX, STEP SLIDE, HIP CIRCLE

1-4 Cross right foot over left, while stepping back on left foot, Step slightly to the right on right foot, bring left foot together with the right (putting weight on it)
5-6 Step out far on the right, Drag/slide left to the right
7&8 Circle hips around.(while tossing gloves, hats, etc.)

Have fun with this, and remember:-

“But she's always a lady even in pantomime So she stops! And always just in time” from the lyrics.

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