

LookABell

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Ross Brown (ENG) - October 2012
音樂: Reet Petite - The Overtones : (CD: Higher)



Intro: 16 Counts (Approx. 6 Secs)

STEP, TOE, HEEL, TOE. X2.

- 1 Step right foot forward (a small step) to the right diagonal.
- 2 – 3 – 4 Twist right toes to the right, twist right heel to the right, twist right toes to the right.
- 5 Step left foot forward (a small step) to the left diagonal.
- 6 – 7 – 8 Twist left toes to the left, twist left heel to the left, twist left toes to the left. (12 o'clock)

SCUFF, STEP OUT. X4.

- 1 – 2 Scuff right foot forward, step forward and out with right.
- 3 – 4 Scuff left foot forward, step forward and out with left.
- 5 – 6 Scuff right foot forward, step forward and out with right.
- 7 – 8 Scuff left foot forward, step forward and out with left. (12 o'clock)

ROCK FORWARD. BACK, DRAG. BACK, DRAG. ROCK BACK.

- 1 – 2 Rock forward with right, recover onto left.
- 3 – 4 Step back with right, drag left foot back.
- 5 – 6 Step back with left, drag right foot back.
- 7 – 8 Rock back with right, recover onto left. (12 o'clock)

STEP, HOLD, STEP, HOLD. JAZZ BOX ¼ TURN R.

- 1 – 2 Step forward with right, hold for Count 2.
- 3 – 4 Step forward with left, hold for Count 4.
- 5 – 6 Cross step right over left, make a ¼ turn right stepping back with left.
- 7 – 8 Step right to the right, step left next to right. (3 o'clock)

End of Dance!

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