

Get Rhythm

拍數: 34 牆數: 4 級數: Improver
編舞者: Terri Lineberry (USA) - October 2012
音樂: Get Rhythm - Johnny Cash : (CD: Greatest - iTunes)



Start on word "rhythm"

HEEL, CROSS, HEEL, FLICK, TRIPLE STEP, RIGHT & LEFT

1& Step right heel forward, hook right across left
2& Step right heel forward, flick right to side
3&4 Step right in place, step left to right, step right in place
5& Step left heel forward, hook left across right
6& Step left heel forward, flick left to side
7&8 Step left in place, step right to left, step left in place

ROCK RECOVER, ½ TURN SHUFFLE RIGHT, ROCK RECOVER, ½ TURN SHUFFLE LEFT

1-2 Rock right forward, recover on left
3&4 Step right ½ turn right, step left to right, step right forward
5-6 Rock left forward, recover on right
7&8 Step left ½ turn left, step right to left, step left forward

SHUFFLE RIGHT, ¼ SHUFFLE LEFT, ¼ TURN SHUFFLE RIGHT, ¼ TURN SHUFFLE LEFT

1&2 Step right to right, step left to right, step right to right
3&4 Step left ¼ turn left, step right to left, step left to left
5&6 Step right ¼ turn right, step left to right, step right to right
7&8 Step left ¼ turn left, step right to left, step left to left

ROCK RECOVER, ½ TURN SHUFFLE RIGHT, ROCK RECOVER, ½ TURN SHUFFLE LEFT

1-2 Rock right forward, recover on left
3&4 Step right ½ turn right, step left to right, step right forward
5-6 Rock left forward, recover on right
7&8 Step left ½ turn left, step right to left, step left forward (TAG)

ROCK RECOVER

1-2 Rock right to right, recover on left

BEGIN AGAIN

TAG: 3rd and 7th wall (6:00) restart after step 32
