

Stitch Me Up

拍數: 32 牆數: 4 級數: Improver
編舞者: Marie-Aimé Le Barillec (FR) - January 2011
音樂: Stitch Me Up - Julian Perretta



Intro : 32 count (is 4 x 8 time)

RIGHT KICK BALL TOUCH, LEFT KICK BALL TOUCH, HEEL SWITCHES, RIGHT SHUFFLE FORWARD

- 1&2 Kick right forward, step right together, touch left to side (weight to right)
- 3&4 Kick left forward, step left together, touch right to side (weight to left)
- 5& Heel right forward, step right together (weight to right)
- 6& Heel left forward, step left together (weight to left)
- 7&8 Chassé forward right, left, right

HEEL SWITCHES, LEFT SHUFFLE FORWARD, RIGHT ROCK FORWARD, RIGHT SHUFFLE BACK

- 1& Heel left forward, step left together (weight to left)
- 2& Heel right forward, step right together (weight to right)
- 3&4 Chassé forward left, right, left
- 5-6 Rock right forward, recover to left
- 7&8 Chassé back right, left, right

LEFT TOE TOUCH BACK, PIVOT ½ LEFT, RIGHT FORWARD, ½ LEFT TURN, RIGHT SHUFFLE FORWARD, LEFT FORWARD, ½ RIGHT TURN

- 1-2 Tap toe left back, turn ½ left (weight to left, 6:00)
- Option for 1-2 : Step left back, step right back**
- 3-4 Step right forward, turn ½ left (weight to left) (12:00)
- Option for 3-4>>3&4 : Step left back, step right together, step left forward (weight to left)**
- 5&6 Chassé forward right, left, right
- 7-8 Step left forward, turn ½ right (weight to right) (6:00)

LEFT SHUFFLE FORWARD, RIGHT FORWARD, ¼ LEFT TURN, RIGHT SAILOR STEP, LEFT SAILOR STEP

- 1&2 Chassé forward left, right, left
- 3-4 Step right forward, turn ¼ left (weight to left, 3:00)
- 5&6 Cross right behind left, step left together, step right to side (weight to right)
- 7&8 Cross left behind right, step right together, step left to side (weight to left)

REPEAT

RESTARTS:-

During 2nd wall, facing 3:00, after 26 counts (weight to left), then restart facing 9:00
During 5th wall, facing 3:00, after 26 counts (weight to left), then restart facing 9:00

FINAL You'll start your 12th wall facing 12:00, dance the first 14 counts and then finish the following

- 1-2 Step right back, touch left over right (weight to right, 12:00)

HAVE FUN