

Monster[^]2 (Monster Squared)

COPPERKNOB
STEP SHEETS

拍數: 104 牆數: 4 級數: Advanced
編舞者: Kirsten Matthiessen (DK) & Jannie Tofte Stoian (DK) - October 2012
音樂: More - Alex Vargas : (iTunes)



Phrased line dance. A: 32 counts, B: 36 counts, C: 36 counts (104 count)

Phrasing: A, Tag, B, C, A, B, C, A, B, C, A

Intro: 36 counts from main beat (app. 20 seconds into track)

A SECTION

[1-8] Walk walk, ½ L lock step, Coaster, Kick ball point

1-2 Walk fw R, walk fw L 12:00
3&4 ¼ L stepping R to R side, ¼ L crossing L over R, step R back 06:00
5&6 Step L back, step R next to L, Step L fw 06:00
7&8 Kick R fw, step R next to L, point L to L side 06:00

[9-16] Snake roll x2, sailor step, sailor ½ L

1-2 Roll body L transferring weight onto L 06:00
&3-4 Step R next to L, roll body L transferring weight onto L 06:00
5&6 Cross R behind L, step L to L side, step R to R side 06:00
7&8 Cross L behind R, turn ¼ L stepping R to R side, turn ¼ L crossing L slightly in front of R
12:00

[17-24] ¾ R, Out out, Hold, Touch ball cross, ¼ R, ½ R shuffle

1&2-3 Keeping weight on L rotate ¾ R (1), step R to R side (&), step L to L side (2), hold (3) 09:00
4&5-6 Touch L next to R, step L next to R, cross R over L, turn ¼ R stepping L back 12:00
7&8 Turn ¼ R stepping R to R side, step L next to R, turn ¼ R stepping R fw 06:00

[25-32] Kick press slide, Full turn R, Coaster, Ball step slide

1&2 Kick L fw, touch L next to R, press down on L sliding R back 06:00
3-4 Turn ½ R stepping R fw, turn ½ R stepping L back 06:00
5&6 Step R back, step L next to R, Step R fw 06:00
&7-8 Step L next to R, step R big step fw, slide L toward R 06:00

B SECTION (section starts facing 06:00)

[1-8] Rock step, Ball heel, Ball step swivels, Side switches, Hitch step

1-2 Rock L fw, recover onto R 06:00
&3& Step L next to R, put R heel fw, step R next to L 06:00
4&5 Step L fw, swivel R toward L, swivel L heel toward L completing ¼ R (weight L) 09:00
&6&7 Step R next to L, point L to L side, step L next to R, point R to R side 09:00
&8 Hitch R knee up, step R next to L 09:00

[9-16] Heel grind back, Heel grind ¼ R side, Heel lift x2, Swivel pop

1-2& Touch L heel fw (toes pointing R), step R back as you grind L heel (toes now pointing L), step
L slightly back 09:00
3-4& Touch R heel fw (toes pointing L), turn ¼ R stepping L back as you grind R heel (toes now
pointing R), step R to R side 12:00
5&6& Lift L heel, lift R heel, lower L heel, lower R heel 12:00
7&8 Swivel L heel towards R, swivel L toes towards R, pop L knee fw 12:00

[17-24] Ball step, ¼ R, Triple full turn, Rock step ball x2

&1-2 Step down on L, step R fw, turn ¼ R stepping L to L side 03:00

- 3&4 Turn full turn R stepping down R, L, R 03:00
- 5-6& Rock L fw, recover onto R, step L next to R 03:00
- 7-8& Rock R fw, recover onto L, step R next to L 03:00

[25-32] Shuffle, Hitch ball step, Mambo, ¼ L slide

- 1&2 Step L fw, step R next to L, step L fw 03:00
- 3&4 Hitch R knee up, step R next to L, step L fw 03:00
- 5&6 Rock R fw, recover onto L, step R back 03:00
- 7-8 Turn ¼ L stepping L big step L, slide R toward L 12:00

[33-36] Behind ¼ L, Step ½ L

- 1-2 Cross R behind L, turn ¼ L stepping L fw 09:00
- 3-4 Step R fw, turn ½ L stepping onto L 03:00

C SECTION (section starts facing 03:00)

[1-8] Cross sweep x2, Weave ¼ L

- 1-2 Cross R over L, sweep L CW 03:00
- 3-4 Cross L over R, sweep R CCW 03:00
- 5-8 Cross R over L, step L to L side, cross R behind L, turn ¼ L stepping L fw 12:00

[9-16] ½ L sweep, Behind ¼ R, Step ½ R, Full turn R

- 1-2 Turn ½ L stepping R back, sweep L CCW 06:00
- 3-4 Cross L behind R, turn ¼ R stepping R fw 09:00
- 5-6 Step L fw, turn ½ R stepping onto R 03:00
- 7-8 Turn ½ R stepping L back, turn ½ R stepping R fw 03:00

[17-24] Jump close sweep, Sailor ½ L, Sway R L, Behind side scuff hitch

- &1-2 Jump fw on toes of L, close R behind L, step back on R sweeping L CCW 03:00
- 3&4 Cross L behind R, turn ¼ L stepping R to R side, turn ¼ L crossing L slightly in front of R 09:00
- 5-6 Sway R, sway L 09:00
- 7&8& Cross R behind L, step L to L side angling body to L diagonal, scuff R, hitch R knee 07:30

[25-32] Touch back with ½ turn x2, Back sweep x2

- 1-2& Touch R toe back and make ½ R pushing weight into ball of R (1), step weight back onto L (2), step back on R (&) 01:30
- 3-4 Touch L toe back and make ½ L pushing weight into ball of L (3), step weight back onto R (4) 07:30
- 5-6 Step L back, sweep R CW 07:30
- 7-8 Step R back, sweep L CCW 07:30

[33-36] ? L, Step ½ L, Turn ¾ L

- 1 Turn ? L stepping L fw 03:00
- 2-3 Step R fw, turn ½ L stepping onto L 09:00
- 4 Keeping weight on L turn ¾ L bringing R next to L 12:00

Tag: After 1st A section

- 1-2-3-4 Walk L fw (crossing slightly over R), hold, walk R fw (crossing slightly over L), hold 06:00

Ending: During last C section the music slows down from around count 25. Follow the music and finish the C section. Start the A section on "the oohs", finishing with the sailor ½ L (count 15&16) which brings you to the front wall.

Good luck & enjoy!

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