

Like A Tattoo

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Jannie Tofte Stoian (DK) - October 2012
音樂: One More Night - Maroon 5 : (iTunes)



Intro: 15 counts – start dance &8&1 (app. 10 sec. Into track)

[1-7] (Out out), Ball cross, ¼ R kick ball point, Ball point, Hitch ¼ R collect, Step swivel ¼ R
&8&1 (Step R to r side, step L to L side), step R next to L, cross L over R 12:00
2&3 Turn ¼ R kicking R fw, step R next to L, point L to L side 03:00
&4&5 Step L next to R, point R to R side, hitch R up turning ¼ R on L, step R next to L 06:00
6&7 Step L fw, swivel R toward L, swivel L heel toward L completing ¼ R (weight L) 09:00

[8-15] Ball cross, ¼ L collect, Step lock step, Coaster, Step ½ L, Hip hip
&8&1 Step R next to L, cross L over R, ¼ L stepping R back, step L next to R 06:00
2&3 Step R fw, lock L behind R, rock R fw 06:00
&4& Recover onto L, step R next to L, step L fw 06:00
5-6 Step R fw, turn ½ L keeping weight back on R (popping L knee fw) 12:00
&7 Bump L hip upward, sit back into R hip 12:00

[16-23] Ball rock, Side rock, Ball grind ¼ L, Back lock step, Slide ball cross
&8&1 Step L next to R, rock R fw, recover onto L, rock R to R side 12:00
2&3& Recover onto L, step R next to L, rock L to L side, recover onto R turning ¼ L grinding L heel 09:00
4&5 Step L back, lock R in front of L, step L back 09:00
6&7 Slide R toward L, step R next to L, cross L over R 09:00

[24-32] ¼ L coaster, Rock step, Out out, Knee pops, Ball cross, Hitch, Kick out out, (Ball cross)
&8&1 Turn ¼ L stepping R back, step L next to R, step R fw, rock L fw 06:00
2&3 Recover onto R, step L to L side, step R to R side 06:00
&4&5 Lift both heels popping knees fw, lower both heels, step L next to R, cross R over L 06:00
6&7 Turn ¼ L hitching L knee up, step L next to R, kick R fw 03:00
&8(&1) Step R to r side, step L to L side, (step R next to L, cross L over R) 03:00

Good luck & enjoy!

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