

Guitar In My Hand

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Manu De Meyer (BEL) - October 2012
音樂: Day That I Die – Zac Brown Band



Section 1: R Cross rock step 1/4R, step pivot step, Triple full turn L, L Mambo step

1&2 RF cross over LF, weight back on LF, 1/4R turn and put RF front (03:00)
3&4 put LF front, 1/2 turn R (weight on RF), put LF front (09:00)
5&6 1/4 turn L put RF to side, 1/2 turn L put LF beside RF, 1/4 turn L put RF front
7&8 put LF front, weight back on RF, put LF back

Section 2: Sweep, behind side cross side point, unwind 3/4, behind side cross, side, step

& sweep RF around LF
1&2&3 cross RF behind LF, put LF beside RF, cross RF over LF, put LF beside RF, point RF cross over LF.
4 3/4 L unwind (weight on RF (12:00)
5&6 cross LF behind RF, put RF beside LF, cross LF over RF
7-8 put RF to side, put LF beside RF (weight on LF)

Section 3: Side rock cross X2, Triple half turn, L Shuffle

1&2 put RF to side, weight back on LF, cross RF over LF
3&4 put LF to side, weight on RF, cross LF over RF
5-6 ON SPOT 1/4 turn R put RF behind, 1/4 draai R put LF beside RF, put RF beside LF (06:00)
7&8 put LF front, put RF beside LF, put LF front

Section 4: Rock step, Sailor step 1/4 R, cross, side, Triple full turn L

1-2 put RF front, weight back on LF
3&4 1/4 turn R put RF behind LF, put LF beside RF, put RF to side (09:00)
5-6 cross LF over RF, put RF beside
7&8 1/4 turn L put LF behind, 1/4 turn L put RF beside LF, 1/2 turn L put LF front

TAG: na sectie 1 in 4de muur (12:00):

Extended R vine 1/4 R, step, pivot, 1/4 R L vine

1&2&3&4 put RF to side, cross LF behind RF, put RF to side, cross LF over RF, put RF to side, cross LF behind RF, 1/4 turn R put RF front
5-6 put LF front, 1/2 turn R (weight on RF)
7&8 1/4 turn R put LF to side, cross RF behind LF, put LF to side

Restart: After Tag and after section 2 in 9th wall (12:00)

End: dance last till section 3 included (12:00)

Have Fun

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