

Bandido's Last Ride

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Gaye Teather (UK) - October 2012
音樂: Bandido's Last Ride - Dave Sheriff : (CD: The Dream Lives On)



16 count intro - Dance rotates in CCW direction

Walk. Walk. Shuffle. Walk. Walk. Shuffle

1 – 2 Walk forward Right. Left
3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Walk forward Left. Right
7&8 Step forward on Left. Step Right beside Left. Step forward on Left

Note: Keep steps small and try not to travel too far forward

Forward Rock. Shuffle Back X 3

1 – 2 Rock forward on Right. Recover onto Left
3&4 Step back on Right. Step Left beside Right. Step back on Right
5&6 Step back on Left. Step Right beside Left. Step back on Left
7&8 Step back on Right. Step Left beside Right. Step back on Right

Styling note: Angle body Right on Right shuffles back. Angle body Left on Left shuffles back. Clap hands above head as you shuffle back in time with the claps in the song (Flamenco style!)

Back Rock. Chasse Left. Back Rock. Chasse Right

1 – 2 Rock back Left behind Right. Recover onto Right
3&4 Step Left to Left side. Step Right beside Left. Step Left to Left side
5 – 6 Rock back Right behind Left. Recover onto Left
7&8 Step Right to Right side. Step Left beside Right. Step Right to Right side

Left Jazz Box Turning Quarter Left. Cross. Side Rock. Coaster Step

1 – 2 Cross Left over Right. Step back on Right
3 – 4 Quarter turn Left stepping Left to Left side. Cross Right over Left (Facing 9 o'clock)
5 – 6 Rock Left to Left side. Recover onto Right
7&8 Step back on Left. Step Right beside Left. Step forward on Left

Start again

This is a fun song/dance. Listen to the lyrics – although they have a deeper meaning, they are funny too. Add your own styling and just enjoy!
