

拍數: 32 編數: 2 級數: Intermediate

編舞者: Julia Wetzel (USA) - October 2012

音樂: Oh Girl - Paul Young: (3:34)



Intro: 16 counts (approx. 15 seconds into track)

	44			
[1 _ 8] Rack Rack	. ¼ Side. Cross Rock. R	acovar Sida Cross	3/ Spiral Rock	Recover Rack Sid
II — UI Dack, Dack	. /4 UIU U . UIU33 INUUR. IN	CCOVEL. CIUC. CIUSS.	. /4 ODII al. INDUN	. I GCOVEI . Dack. Old

1, 2&3 Step back on R sweep L from front to back (1), Step back on L (2), ¼ Turn R step R to R side (&), Cross rock L over R (3)

*Note: On all walls except Wall 1, count 1 is an ending step of a turn 3:00

4&5, 6 Recover on R (4), Small step on L to L side and slightly back (&), Cross R over L (5), Small

step on L to L side and spiral 3/4 R turn on L (6) 12:00

7&8& Small rock fw on R (7), Recover on L (&), Step back on R (8), Step L to L side (&)12:00

[9 - 17]1/4 Swivel Sweep, Extended Weave, Cross Rock, Recover, 1/4, Spiral, 1/4 Run-Run, Step Sweep

1 Swivel ¼ Turn R on balls of both feet and sweep R from front to back (1) 3:00

2&3&4& Step R behind L (2), Step L to L side (&), Cross R over L (3), Step L to L side (&), Step R

behind L (4), Step L to L side (&) 3:00

5, 6&7 Cross rock R over L (5), Recover on L (6), ¼ Turn R step fw on R (&), Step L fw and full

spiral R turn on L (7) Easier Option (7): Step fw on L 6:00

Step R (8), L (&) making ½ turn R in an arc pattern, Step fw on R sweep L from back to front

(1) 9:00

[18 - 25] Cross, Side, Behind Rock, Recover, ¼, ½, Step, ¼ Side Rock, Recover, Cross, Tap, ¼ Step Sweep

2&3 Cross L over R (2), Step R to R side (&), Rock L behind R (3) 9:00

4&5, 6 Recover on R (4), ¼ Turn R step back on L (&), ½ Turn R step fw on R (5), Step fw on L (6)

6:00

(&), ¼ Turn L step fw on L sweep R from back to front 12:00

[26 - 32] Cross, 1/8 Back, Back Sweep, Behind, 1/8 Side, 1/4 Rock, Recover, Together, Rock, Recover, Back,

Full Turn

2&3 Cross R over L (2), 1/8 Turn R step back on L (&) (1:30), Step back on R sweep L from front

to back (3) 1:30

4&5 Step L behind R (4), 1/8 Turn R step R to R side (&) (3:00), 1/4 Turn R Rock fw on L (5) 6:00

6&7& Recover on R (6), Step L next to R (&), Rock fw on R (7), Recover on L (&) 6:00

8&1 Step back on R (8), ½ Turn L step fw on L (&), ½ Turn L step back on R sweep L from front

to back (1)

Easier Option (&1): Step L next to R (&), Step back on R sweep L from front to back (1) 6:00

Tag At the end of Wall 2 and Wall 4, after count 32& (½ Turn L step fw on L) facing 6:00, do the following 4 count tag:

1, 2 ½ Turn L step back on R (1), ½ Turn L step fw on L (2) 6:00

3&4& Step fw on R (3), Pivot ½ Turn L weight ending on L (&), Step fw on R (4), Pivot ½ Turn L

weight ending on L (&) 6:00

1 ½ Turn L step back on R sweep L from front to back (this is count 1 of Wall 3 & Wall 5)12:00

Easier Option (2, 3&4&1): Step back on L (2), Rock back on R (3), Recover on L (&), Rock fw on R (4), Recover on L (&), Step back on R sweep L from front to back (1) 12:00

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