

# Co Pilot

拍數: 64      牆數: 4      級數: Phrased Intermediate  
編舞者: Nathalie Lagache (FR) - October 2012  
音樂: Co-Pilot - Corneille & Kristina Maria



Start after 32 counts on lyrics - Sequences : A A B B A A B B A A A B B A

## Pattern A

### A Part 1 [1 – 8]

**Side, Behind, Side, Cross, Side, Pivot ¼ turn, kick, coaster step**

- 1-2            R to Right Side, L behind R
- 3&4           R to right side, L beside R, R to R side
- 5-6           Pivot ¼ turn R, Kick with R (3:00)
- 7&8           Back step with R, L next to R, L fwd

### A Part 2 [9 – 16]

**Side, Hold, touch, Side, 2x ½ turn R, Syncopated Back Cross Rock Step**

- 1-2            L to left side, hold (with 2 movments of shoulders)
- 3-4            Touch with R, R to right side,
- 5-6            Right Pivot ½ turn with L to left (R hand behind neck), Right Pivot ½ turn with R to right side  
**(L hand behind neck) (3:00)**
- 7&8            Back Rock step with L crossing behind R, recover R, L next to R

### A Part 3 [17 - 24]

**(Touch, Pivot ¾ de tour D) x2, R Mambo, L Back Rock Step ,**

- 1-2            Touch with R, Right Pivot ¾ turn with R fwd (12:00)
- 3-4            Touch with L, Right Pivot ¾ turn with weight onto L (9:00)
- 5&6           R to right side, recover L, R next to L
- 7-8            Left back step, recover R

### A Part 4 [25 – 32]

**Side, cross, Scissor Cross, Heel switches Ball Cross**

- 1-2            L to left, R next to L
- 3&4            L to left, R next to L, L cross over R
- 5&6&&        R Heel fwd, recover R, L Heel fwd, recover L
- 7&8            R Heel fwd, Ball on R, L cross over R

## Pattern B (for a start to 9:00)

### B Part 1 [1 – 8]

**Side, Cross beside, Sweep, Cross, Side, Cross beside, R Sweep ¼ turn, Step fwd**

- 1-2            R to right side, cross L over R
- 3-4            Sweep with R, cross R over L
- 5-6            L to left side, Cross R over L
- 7-8            Sweep ¼ turn R, L fwd (12:00)

### B Part 2 [9 – 16]

**Step fwd, Touch, Recover, Back Rock Step, L full turn ;**

- 1-2            R fwd, touch L behind R ( hold out right hand)
- 3-4            L back step, Back Rock step on R (hold out left hand, shoulders pivot)
- 5-6            L fwd, ¼ turn left with R to the right (9:00)
- 7-8            ½ turn left with L to the left, ¼ turn left with R fwd (12:00)

### B Part 3 [17 - 24]

**Point, Step fwd, Point, Step fwd, Point, Ball Step, Pivot ½ tour L**

- 1-2 Point L to left (hold out R hand to R), L fwd  
3-4 Point R to right (hold out L hand to L), R fwd  
5&6 Point L to left (hold out R hand to R), L behind R, R fwd  
7-8 Left pivot ½ turn on both foot (6:00)

**B Part 4 [25 – 32]**

**Heel Switches, Point x 3, ball, Cross**

- 1&2 R heel fwd, recover R, L heel fwd  
&3&4 Recover L, R heel fwd, Recover R, L heel fwd  
&5&6 Recover L, Point R to right (L hand to L), recover R, Point L to left (R hand to R)  
&7&8 Recover L, Point R to right (R hand to R), recover R, cross L over R

**Ending :-**

**Dancing the ten latest counts of the 8th A. For the latest two counts, make only one movement of shoulders and lean you.**

**Restart & have fun !**

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