

Do The Cha Cha Cha

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rosalee Musgrave (USA) - October 2012
音樂: The Cha-cha-cha - Bobby Rydell : (iTunes)



Introduction: 32 beats from the 1st heavy beat

ROCK LEFT FORWARD, RECOVER, TRIPLE ½ LEFT; FORWARD RIGHT TURNING ½ LEFT, TRIPLE FORWARD

1 – 2 Rock Left forward, Recover back on Right
3 & 4 Triple turning ½ Left (L, R, L) (6:00)
5 – 6 Pivot turn stepping forward Right, Turn ½ Left (12:00)
7 & 8 Triple forward (R, L, R) (12:00)

SYNCOPATED WEAVE; ROCK RIGHT SIDE, RECOVER, RIGHT COASTER, BACK TURNING ¼ RIGHT

1 – 2 Cross left over right, Step right to right side (12:00)
3 & 4 Cross left behind right, Step right to right side, Cross left over right
5 – 6 Rock right to right side, Recover side left (12:00)
7 & 8 Turning ¼ right step right back, step left together back beside right, step right forward (3:00)

ROCK LEFT FORWARD, RECOVER, LEFT TRIPLE BACK; ROCK RIGHT BACK, RECOVER FORWARD ON LEFT, RIGHT TRIPLE FORWARD

1 – 2 Rock left forward, Recover back on right (3:00)
3 & 4 Left triple back (L, R, L)
5 – 6 Rock right back, Recover forward on left
7 & 8 Right triple forward (R, L, R)

(Option for 3rd set of 8 is to repeat section 1)

CROSS LEFT FRONT, RIGHT SIDE, LEFT SAILOR; CROSS RIGHT FRONT, LEFT SIDE, RIGHT SAILOR

1 – 2 Cross left over right, Step right to right side (3:00)
3 & 4 Step left behind right (3) Rock right to right side (&) Rock left to left side (4)
5 – 6 Cross right over left, Step left to left side
7 & 8 Step right behind left (7) Rock left to left side (&) Rock right to right side (8)

Last Revision - 23rd October 2012