

Forever Young

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Annie Saerens (BEL) - October 2012
音樂: Forever Young - Rod Stewart



Intro 32 counts

SIDE, TOGETHER, CROSS SHUFFLE, ¼, ¼, FORWARD SHUFFLE

1-2-3&4 R step side, together with L, cross over R, side step L, cross over with R
5-6-7&8 ¼ turn R stepping back with L, ¼ turn R stepping side with R, L step fwd, together with R, L
step fwd

FORWARD ROCK STEP, COASTER CROSS, SIDE ROCK STEP, WEAVE

1-2-3&4 Rock R fwd, recover onto L, step R back, together with L, cross over with R
5-6-7&8 Rock L side, recover onto R, step L behind, step R side, cross over with L

Restart here on wall 8

SIDE ROCK STEP, SAILOR ¼, PIVOT ½ TURN, ½ TURN SHUFFLE

1-2-3&4 R rock side, recover onto L, cross behind with R, ¼ turn R stepping side with L, R step fwd
5-6-7&8 Step L fwd, ½ turn R, ¼ turn R stepping side with L, together with R, ¼ turn R stepping back
with L

BACK ROCK STEP, KICK BALL STEP, TOGETHER, FORWARD ROCK STEP, COASTER CROSS

1-2-3&4 Rock R back, recover onto L, Kick R fwd, together with R, Step L fwd,
&5-6-7&8 Step R together with L, rock L fwd, recover onto R, step L back, together with R, Cross over
with L

REPEAT

RESTART: On wall 8 (3.00), dance the first 16 counts and restart the dance (You will be facing 9.00)

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