

# Forever Young

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Annie Saerens (BEL) - October 2012  
音樂: Forever Young - Rod Stewart



## Intro 32 counts

### **SIDE, TOGETHER, CROSS SHUFFLE, ¼, ¼, FORWARD SHUFFLE**

1-2-3&4      R step side, together with L, cross over R, side step L, cross over with R  
5-6-7&8      ¼ turn R stepping back with L, ¼ turn R stepping side with R, L step fwd, together with R, L  
step fwd

### **FORWARD ROCK STEP, COASTER CROSS, SIDE ROCK STEP, WEAVE**

1-2-3&4      Rock R fwd, recover onto L, step R back, together with L, cross over with R  
5-6-7&8      Rock L side, recover onto R, step L behind, step R side, cross over with L

**Restart here on wall 8**

### **SIDE ROCK STEP, SAILOR ¼, PIVOT ½ TURN, ½ TURN SHUFFLE**

1-2-3&4      R rock side, recover onto L, cross behind with R, ¼ turn R stepping side with L, R step fwd  
5-6-7&8      Step L fwd, ½ turn R, ¼ turn R stepping side with L, together with R, ¼ turn R stepping back  
with L

### **BACK ROCK STEP, KICK BALL STEP, TOGETHER, FORWARD ROCK STEP, COASTER CROSS**

1-2-3&4      Rock R back, recover onto L, Kick R fwd, together with R, Step L fwd,  
&5-6-7&8      Step R together with L, rock L fwd, recover onto R, step L back, together with R, Cross over  
with L

**REPEAT**

**RESTART: On wall 8 (3.00), dance the first 16 counts and restart the dance (You will be facing 9.00)**

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