

Knee Deep In Water

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Pamela Ahearn (AUS) - July 2011
音樂: Knee Deep (feat. Jimmy Buffett) - Zac Brown Band : (Album: You Get What You Give)



Start dancing on lyrics

HEEL TAP, HITCH, HEEL TAP, HITCH, R & L CROSS TOE STRUTS

1,2,3,4 Tap R heel fwd 45 right, hitch R knee, tap R heel fwd 45 right, hitch R knee
5,6,7,8 Touch R toe across L, drop R heel, touch L toe to left side, drop L heel

SLOW SAILOR ¼ TURN, HOLD, SLOW CROSS SHUFFLE, HOLD

1,2,3,4 Step R behind L, turning ¼ right step L to left side, step R to side, hold
5,6,7,8 Step L across R, step R beside L, step L across R, hold

¼ TURN, HITCH, ¼ TURN, HITCH, SLOW CROSS SHUFFLE, HOLD

1,2,3,4 Turning ¼ left step R back, hitch L knee, turning ¼ left step L to left side, hitch R knee
5,6,7,8 Step R across L, step L beside R, step R across L, hold

SIDE, TOUCH, TOE STRUT, COASTER STEP, HOLD

1,2,3,4 Step L to left side, touch R beside L, touch R toe back, drop R heel
5,6,7,8 * Step back on L, step R together, step L fwd, hold

SKATE R, L, TWIST, HOLD, TWIST, HOLD

1,2,3,4 Skate R fwd (2 counts), skate L fwd (2 counts)
5,6,7,8 Swivel heels to left, hold, swivel heels to centre, hold

SKATE R, L, TWIST, HOLD, TWIST, HOLD

1,2,3,4 Skate R fwd (2 counts), skate L fwd (2 counts)
5,6,7,8 Swivel heels to left, hold, swivel heels to centre, hold

STEP FWD, HOLD, ½ PIVOT LEFT, HOLD, SLOW SHUFFLE, HOLD

1,2,3,4 Step R fwd, hold, pivot ½ left (weight on L), hold
5,6,7,8 Step R fwd, step L together, step R fwd, hold

STEP FWD, HOLD, ½ PIVOT RIGHT, HOLD, SLOW SHUFFLE, HOLD

1,2,3,4 Step L fwd, hold, pivot ½ right (weight on R), hold
5,6,7,8 Step L fwd, step R together, step L fwd, hold

REPEAT

Restart: Dance up to count 32 * on wall 3 then restart (3:00)

Tag: At the end of wall 6 there is an 8 count tag -

1-8 Rock/step R fwd, hold, recover on L, hold, rock/step R back, hold, recover on L, hold

Ending: Dance up to count 32, turning ¼ right skate R fwd, slide L together.

Contact - Website: www.b-linedancing.webs.com