

Feel The Samba

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Larry Bass (USA) - July 2012
音樂: You and I - Sergio Mendes : (CD: Bom Tempo)



[Start on vocals]

SAMBA FORWARD, SAMBA FORWARD; SYCOPATED ROCKS: FORWARD, SIDE, COASTER STEP

1&2 Step Right forward & across Left, Rock Left to left side, Recover onto Right
3&4 Step Left forward & across Right, Rock Right to right side, Recover onto Left
5& Step Right forward, Recover onto Left
6& Step Right to right side, Recover onto Left
7&8 Step Right back, Step Left beside Right, Step Right forward

STEP ½ PIVOT, TRIPLE STEP FORWARD; STEP, BUMP, STEP, BUMP, STEP

1-2 Step Left forward; Pivot ½ turn right onto Right
3&4 Triple step forward Left, Right, Left
5&6 Step Right forward, Angle body to right & touch Left forward, Bump Left hip forward
7&8 Step Left forward, Angle body to left & touch Right forward, Bump Right hip forward

COASTER STEP, ¼ TURN RIGHT, STEP SIDE, SYCOPATED ROCK STEP, STEP SIDE, SYCOPATED ROCK STEP, ROLLING ½ TURN RIGHT

1&2 Step Right back, Step Left beside Right, Step Right forward
3-4& Turn ¼ turn right & step Left to left side; Rock Right back, Recover onto Left
5-6& Step Right to right side; Rock Left back, Recover onto Right
7-8 Turn ¼ turn right & step Left back; Turn ¼ turn right & step Right to right side

CROSSOVER SAMBA, CROSSOVER SAMBA, FULL TURN LEFT, CROSS, BALL TURN, BALL TURN, BALL TURN

1&2 Rock Left across Right, Recover onto Right, Step Left to left side
3&4 Rock Right across Left, Recover onto Left, Step Right to right side
5& Rock Left across Right, Recover onto Right turning ¼ turn left
6& Step left slightly to left side, Turn ¼ turn left & step on ball of Right
7& Step left slightly to left side, Turn ¼ turn left & step on ball of Right
8 Turn ¼ turn left & step left slightly to left side

START OVER

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