

Live Each Day

COPPERKNOB
STEPSHEETS

拍數: 68 牆數: 2 級數: Upper Intermediate
編舞者: Wayne Beazley (AUS) - October 2012
音樂: Live Each Day - Morgan Evans



Starts on Vocals

SAILOR, UNWIND, POINT, ROLL BACK 1 ¼ Right

1&2,3,4 R Sailor, L toe behind R, unwind ¾ turn left
5,6 ¼ L point R toe to side, ¼ turn R step R to side,
7,8 ½ turn R step L to side, ½ turn R step R to side

CROSS SHUFFLE, SHUFFLE BACK, SIDE SHUFFLE, ROCK, REPLACE

1&2,3&4 Cross shuffle L over R, ¼ turn L shuffling back R,
5&6,7,8 side shuffle to L, rock back R, forward L,

¼ TURN R STEP HOLD, SIDE ½ TURN POINT, SAMBA, HEEL BALL STEP

&1,2&3 ¼ turn R step out R to side L to side, hold, & step R next to L,
4 ½ turn L point R toe to side,
5&6,7&8 R cross samba, L heel ball step R fwd,

¼ TURN HIP, SAILOR, BEHIND & CROSS, HIP

1&2,3&4 ¼ turn L wt. on R hip R,L,R wt. still R ,L sailor,
5&6,7&8 R behind L, & L to side, cross step R over L, hip L,R,L ##

LOCK SHUFFLE BACK, BACK CROSS, LOCK SHUFFLE BACK, TOUCH

1&2 Back R, & L lock over R, back R (lock shuffle) 45 deg R
3,4 Step back L 45 deg, cross step R over L
5&6 Back L, & lock R over L (lock shuffle) 45 deg L
7,8 Step back L, touch R next to L

SHUFFLE FWD, PIVOT ½, COASTER FWD, BACK, ½ TURN R

1&2,3,4 Shuffle fwd L, R fwd pivot ½ turn L,
5&6,7,8 coaster fwd R, step back L, ½ turn R step R fwd,

¼ TURN SIDE BALL CROSS, SIDE, BEHIND, SHUFFLE FWD, ROCK, REP

1&2 ¼ turn R step L to side, & ball cross L over R
3&4 Step R to side, L behind R,
5&6,7,8 ¼ turn R shuffle fwd R, rock fwd L, back R

1 ¼ ROLL BACK L, ROCK, REP, 1 ¼ ROLL R

1,2 ½ turn back L onto L, ¼ turn L step R to side,
3,4 ½ turn L step L to side, rock R over L
5,6,7 Replace wt on L, ¼ turn R step R fwd, ½ turn R step back L**,
8 ½ turn R step R fwd

½ TURN R HOP BACK ONTO L TOUCH R, HOLD, HIP & HIP

&1,2 & ½ turn R as you hop back onto L, touch R next to L, hold
3&4 hip L,R,L wt stays on L

[68] START AGAIN

Tag: after wall 2 add 4 hip sways R,L,R,L

Restart wall 4 dance to count 63 ** ½ turn R sweeping R around into R sailor to start wall 5

Tag: Wall 5 dance to count 32 (hips) hold 4 counts continue dance.

Finish count 54 - shuffle R to front wall.

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