

Mouse In The Windmill

拍數: 64 牆數: 4 級數: Improver
編舞者: Tina Argyle (UK) - October 2012
音樂: No Place To Hide - Alison Krauss & Union Station : (Album: So Long So Wrong)



Love to Glen for the track And naming the dance! Love it!!

Count In : 16 counts from start of track before the lyrics

Toe, Heel, Stomp x 2. Right Heel Rock, Side Heel Rock, Coaster Step

1&2 Touch right toe to left instep Touch right heel to left instep Stomp right forward
3&4 Touch left toe to right instep Touch right heel to left instep Stomp left forward
5&6& Rock fwd right on right heel, Recover. Rock out to right side on right heel, Recover
7&8 Step back right, Step back left, Step fwd on right.

Toe, Heel, Stomp x 2. Left Heel Rock, Side Heel Rock, Coaster Step

1&2 Touch left toe to left instep Touch left heel to right instep Stomp left forward
3&4 Touch right toe to left instep Touch right heel to left instep Stomp right forward
5&6& Rock fwd left on left heel, Recover. Rock out to left side on left heel, Recover
7&8 Step back left, Step back right, Step fwd left.

Right Rumba Box. Walk Back R,L. Right Coaster Step

1&2 Step right to right side, close left at side of right, step fwd right.
3&4 Step left to left side close right at side of left, step back left
5 - 6 Walk back right then left
7&8 Step back right, Step back left, Step fwd on right.

Lock Step fwd. Step ½ Turn Left. Step ¾ Turn Right, Step Fwd.

1&2 Step fwd left, lock right behind left, step fwd left
3 - 4 Step fwd right, ½ pivot turn left onto left (6 o'clock)
5 - 6 Step fwd right, ½ turn right stepping back left. (12 o'clock)
7 - 8 ¼ turn right stepping right to right side. Step fwd left. (3 o'clock)

Charleston Step, Mambo Back. Lock Step Fwd. ½ Pivot Turn Right

1 - 2 Touch right toe forward. Sweep right leg clockwise , step back on right
3&4 Rock back on ball of left, recover, Step forward left.
5&6 Step forward right, Lock left behind right, Step fwd right.
7 - 8 Step fwd left. ½ pivot turn right onto right. (9 o'clock)

Charleston Step, Mambo Back. Lock Step Fwd. ¼ Pivot Turn Left.

1 - 2 Touch left toe forward. Sweep left leg anti- clockwise , step back on left
3&4 Rock back on ball of right, recover Step forward right.
5&6 Step forward left, Lock right behind left, Step fwd left.
7 - 8 Step fwd right. ¼ pivot turn left onto left. (6 o'clock)

HERE on WALL 5 - HOLD for 2 counts facing 6 o'clock RE - START from beginning of dance.

Cross Strut, Side Strut , Mambo Cross Rock. Cross Strut, Side Strut, Mambo Cross Rock

1& Touch right toe across left, drop right heel taking weight
2& Touch left toe to left side, drop left heel taking weight.
3&4 Cross rock right over left, Recover weight onto left, Step right to right side.
5 - 8 Repeat above counts 1 - 4 leading with left cross strut.

Touch Fwd, Side, Sailor ¼ Turn Right. Touch fwd. Side, Sailor ½ turn Left.

- 1 - 2 Touch right toe forward, Touch right toe to right side
3&4 Make $\frac{1}{4}$ turn right stepping back right, Step left to left side, Step right at side of left. (9 o'clock)
5- 6 Touch left toe forward, touch left toe to left side
7&8 $\frac{1}{2}$ turn left crossing right behind left, Step left to left side, Step right at side of left. (3 o'clock)

Contact - vineline@hotmail.co.uk
