

# Ramblin' Man

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Improver  
編舞者: Maureen Jones (UK) & Michelle Jones (UK) - October 2012  
音樂: Ramblin' Man - The Allman Brothers Band



Intro: 16 counts

## LEFT, HOLD, BACK ROCK, EXTENDED VINE

1-2            Step left to left, hold  
3-4            Rock right behind left, recover onto left  
5-6            Step right to right, step left behind right  
7-8            Step right to right, step left across right

## RIGHT, HOLD, BACK ROCK, EXTENDED VINE

9-10          Step right to right, hold  
11-12        Rock left behind right, recover onto right  
13-14        Step left to left, step right behind left  
15-16        Step left to left, step right across left

(Restart dance after count 16 during wall 4 – facing 3 o'clock wall)

## LEFT, TOGETHER, FORWARD, HOLD, FORWARD MAMBO WITH STOMPS, HOLD

17-18        Step left to left, step right beside left  
19-20        Step left forward, hold  
21-22        Rock right forward, stomp left back  
23-24        Stomp right beside left, hold

## BACK, HOLD, BACK, HOLD, BACK MAMBO WITH STOMPS, HOLD

25-26        Step left back, hold  
27-28        Step right back, hold  
29-30        Rock left back, stomp right forward  
31-32        Stomp left beside right, hold

## VINE ¼ TURN RIGHT, HITCH, VINE ¼ TURN LEFT, SCUFF

33-34        Step right to right, step left behind right  
35-36        Make ¼ turn right & step right forward, hitch left  
37-38        Step left to left, step right behind left  
39-40        Make ¼ turn left & step left forward, scuff right forward

## STEP, LOCK, STEP, SCUFF, STEP, ½ PIVOT, STEP, HOLD

41-42        Step right forward, lock left behind right  
43-44        Step right forward, scuff left forward  
45-46        Step left forward, pivot ½ turn right  
47-48        Step left beside right, hold

## HEEL AND TOE TWISTS LEFT, HEEL AND TOE TWISTS RIGHT

49-50        Twist both heels left, twist both toes left  
51-52        Twist both heels left, hold  
53-54        Twist both heels right, twist both toes right  
55-56        Twist both heels right, hold

## SIDE SWITCHES, ¼ MONTEREY TURN WITH TOUCH

57-58        Point right to right, step right beside left  
59-60        Point left to left, step left beside right

61-62 Point right to right, make  $\frac{1}{4}$  turn right and step right beside left  
63-64 Point left to left, touch left beside right

Contact: [thegirls2ms@hotmail.com](mailto:thegirls2ms@hotmail.com)

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