

How Far To Waco (P)

拍數: 64 牆數: 0 級數: Intermediate Partner
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音樂: How Far To Waco - Ronnie Dunn



Position Right Open Promenade Facing L.O.D.
Same steps unless stated

Intro 32 counts

Traduction Robert Martineau, ajouté sur le site le 14 juillet 2011

[1-8] M : 1/4 Turn, Touch, Shuffle 1/4 Turn, Walk, Walk, Shuffle Fwd,

[1-8] W : 1/4 Turn, Touch, Shuffle 1/4 Turn, 1/2 Turn, 1/2 Turn, Shuffle Fwd,

1-2 M : LF, left 1/4 turn - Point R beside left foot

1-2 W : RF, right 1/4 turn - Point L beside right foot

3&4 M: Shuffle RF, LF, RF, right 1/4 turn

3&4 W : Shuffle LF, RF, LF, left 1/4 turn

Woman passes under man's right arm and left arm

5-6 M : LF forward, RF forward

5-6 W : RF back, left 1/2 turn - LF forward, left 1/2 turn

Return to Right Open Promenade, face L.O.D. Position

7&8 M : Shuffle LF, RF, LF, forward

7&8 W : Shuffle RF, LF, RF, forward

[9-16] Side, Behind 1/4 Turn, Triple Step, Cross Shuffle, Step, Pivot 1/2 Turn,

Woman passes in front of man under his right arm and under his left arm

1-2 M : RF on right - Cross left foot behind right, left 1/4 turn

1-2 W : LF on left - ,cross right foot behind left, right 1/4 turn

Man faces I.L.O.D. and woman faces O.L.O.D.

Double Hand Hold Position

3&4 M : Triple Step RF, LF, RF, in place

3&4 W : Triple Step LF, RF, LF, in place

5&6 M : Cross LF in front RF - RF on right - cross LF in front RF

5&6 W : Cross RF in front of LF - LF on left - Cross RF in front LF

Release hands

7-8 M : RF forward - Pivot 1/2 turn to the left

7-8 W : LF forward - Pivot 1/2 turn to the right

Back to back, Man facing O.L.O.D. and woman facing I.L.O.D.

[17-24] Cross Shuffle, Step, Pivot 1/2 Turn, Samba Steps, Samba Steps,

1&2 M : Cross RF in front of LF - LF to the left - cross RF in front of LF

1&2 W : cross LF in front of RF - RF to the right - cross LF in front of RF

3-4 M : LF forward - Pivot 1/2 turn to the right

3-4 W : PD devant - Pivot 1/2 turn to the left

Both partners get closer, Man facing I.L.O.D and woman facing O.L.O.D.

5&6 M : Cross LF in front RF - RF on right - LF beside RF

5&6 W : cross RF in front of LF - LF on left- RF beside of LF

7&8 M : Cross RF in front of LF - LF on LEFT - RF beside LF

7&8 W : cross LF in front of RF - Rf on right- LF beside RF

Double Hand Hold position

[25-32] Walk, Walk, Shuffle 1/4 Turn, Step, Touch, Back, Touch,
Release Left hand of the man and the woman's Right hand.

Woman's passes under right hand of the man then under his left hand.

- 1-2 M : LF forward – RF forward
1-2 W : RF forward – LF forward
3&4 M : Shuffle LF, RF, LF, right ¼ turn
3&4 W : Shuffle RF, LF, RF, left ¼ turn

Position Right Open Promenade, facing L.O.D.

- 5-6 M : RF forward – Point LF beside RF
5-6 W : LF forward – Point RF beside LF
7-8 M : LF behind – Point RF beside LF
7-8 W : RF behind – Point LF beside RF

**[33-40] Shuffle 1/4 Turn, Step, Pivot 1/2 Turn, Shuffle Fwd, 1/4 Turn, Step,
Woman's passes under right hand of the man then under his left hand.**

- 1&2 M : Shuffle RF, LF, RF, ¼ to the right
1&2 W : Shuffle LF, RF, LF, 1/4 to the left

Man facing O.L.O.D. and woman facing I.L.O.D.

- 3-4 M : LF forward- Pivot 1/2 turn to the right
3-4 W : RF forward - Pivot 1/2 turn to the left

Man facing I.L.O.D. and woman facing O.L.O.D.

Keep arms up and the woman passes under the arms up

- 5&6 M : Shuffle LF, RF, LF, moving forward
5&6 W : Shuffle RF, LF, RF, moving forward
7-8 H : RF, 1/4 turn to the right – LF forward
7-8 W : LF, 1/4 turn to the left – RF forward

Right Open Promenade, facing L.O.D. Position

[41-48] Kick Ball Change, Step, Touch, Kick Ball Change, Step, Touch,

- 1&2 M : Kick RF forward – RF beside LF – LF forward
1&2 W : Kick LF forward - LF beside RF – RF forward
3-4 M : RF forward – Point LF beside RF
3-4 W : LF forward – Point RF beside LF
5&6 M : Kick LF forward - LF beside RF – RF forward
5&6 W : Kick RF forward – RF beside LF – LF forward
7-8 M : LF forward – Point RF beside LF
7-8 W : RF forward – Point LF beside RF

**[49-56] Side Shuffle, Cross Rock Step, Shuffle 1/4 Turn, Step, Pivot 3/4 Turn,
Woman passes behind the man to change side**

Release Right hand of man and Left hand of the woman

- 1&2 M : Shuffle RF, LF, RF, going to the right side
1&2 W : Shuffle LF, RF, LF, going to the left side

Retake the right hand of the woman with the left hand of the man

- 3-4 M: Rock on LF crossing in front of RF – return on RF
3-4 W : Rock on RF crossing in front LF – return on LF
5&6 M : Shuffle LF, RF, LF, 1/4 turn to the left
5&6 W: Shuffle PD, LF, RF, 1/4 turn to the left

Man facing I.L.O.D. and woman facing O.L.O.D.

Woman's passes under Left hand of the man then under his right hand

- 7-8 M : RF forward - Pivot 3/4 turn to the left
7-8 W : LF forward - Pivot 3/4 turn to the right

Right Open Promenade, facing L.O.D. Position

[57-64] Rock Step, Coaster Step, Shuffle Fwd, Step, Touch.

- 1-2 M : Rock RF forward – return on LF
1-2 W : Rock LF forward – return on RF

3&4 M : RF behind – LF beside RF – RF forward
3&4 W : LF behind – RF beside LF – LF forward
5&6 M : Shuffle LF, RF, LF,going forward
5&6 W : Shuffle RF, LF, RF,going forward
7-8 M : RF forward – Point LF beside RF
7-8 W : LF forward – Point RF beside LF

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