

Ford Boogie

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: DJ Dan (NL) & Winnie (NL) - August 2012
音樂: V-8 Ford Boogie - Eleven Hundred Springs : (CD: Country Jam - iTunes)



Intro: 64 counts, start on vocals

[1-8] TOE STRUTS FWD; ROCK STEP, STEP BACK, SCOOT BACK

1-2 Step on Right toe forward. Drop Right heel.
3-4 Step on Left toe forward. Drop Left heel.
5-6 Rock Right forward. Recover onto Left.
7-8 Step Right back. Hitch Left knee and jump Right back.

[9-16] COASTER CROSS, HOLD; SCISSOR STEP, HOLD

1-4 Step Left back. Step Right next to Left. Cross Left over Right. Hold.
5-8 Step Right to right side. Step Left next to Right. Cross Right over Left. Hold.

[17-24] 1/4 RIGHT, HOLD, 1/2 RIGHT, HOLD; ROCK STEP FWD, STEP BACK, HOLD

1-2 Make 1/4 turn right step Left back. Hold and clap [3]
3-4 Make 1/2 turn right step Right forward. Hold and clap [9]
5-8 Rock Left forward. Recover onto Right. Step Left back. Hold.

[25-32] ROCK STEP BACK, STEP FWD, HOLD; HEEL BOUNCES X4 MAKING 1/4 TURN L.

1-4 Rock Right back. Recover onto Left. Step Right forward. Hold.
5-8 4 heel bounces making 1/4 turn left, weight ends on Left [6] (R)

[33-40] STEP BACK, CROSS, TOUCH, X4

1-2 Step Right back. Tap Left toe across Right and click fingers
3-4 Step Left back. Tap Right toe across Left and click fingers
5-6 Step Right back. Tap Left toe across Right and click fingers
7-8 Step Left back. Tap Right toe across Left and click fingers

[41-48] DWIGHT SWIVELS, HOLD; SIDE ROCK, BEHIND, 1/4 LEFT.

1 Swivel Left heel to right and touch Right toe beside Left.
2 Swivel Left toe to right and touch Right heel beside Left.
3-4 Swivel Left heel to right and touch Right toe beside Left. Hold
5-6 Rock Right to right side. Recover onto Left.
7-8 Cross Right behind Left. Make 1/4 turn left step Left forward [3]

[49-56] ROCK STEP FWD, STEP BACK, HOLD; SLOW LOCK STEP BACK. HOLD

1-4 Rock Right forward. Recover onto Left. Step Right back. Hold.
5-8 Step Left back. Lock Right over Left. Step Left back. Hold.

[57-64] ROCK STEP BACK, 1/2 TURN L STEP BACK, HOLD; SAILOR STEP 1/4 L, HOLD.

1-4 Rock Right back. Recover onto Left. Make 1/2 turn left step Right back. Hold. [9]
5-8 Cross Left behind Right. Step Right 1/4 turn left. Step Left forward. Hold. [6]

Restarts: on walls 3 and 6. Dance up to count 32 then restart dance from the beginning.

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