

Running Wild At Heart

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Improver
編舞者: Peter Davenport (ES) - October 2012
音樂: Wild At Heart - Gloriana : (CD: Promo Only Country Radio)



40 Count Intro, Aprox 21 seconds, (from the first drum beat)
Start just before he sings "down the back road"

Side Close, Side Close Side, Cross Rock, Chasse ¼ Turn L

1,2 Step R to R side, Bring L to 12,oclock
3&4 Step R to R side, Bring L to R, Step R to R side 12
5,6 Cross rock L over R, Replace on R 12
7&8 Step L to L side,* Bring R to L, Make ¼ L step L forward 9

Wall 6 Restart:- after count 7,* hold a count & restart the dance

Rock Replace, Sailor ¾ Turn R, Rock Replace, Coaster Step Step

1,2 Rock forward on R, Replace on L 9,oclock
3&4 Sweep ¾ turn R round back of L, Step L to L side, Step R forward 6
5,6 Rock forward on L, Replace on R 6
7&8& Step L back, Bring R to L, Step forward on L, & Bring R to L 6

Touch L hold, Touch R hold, Switch L & R & Touch Twist Twist

1,2& Touch L toe forward, Hold, Bring L to R 6,oclock
3,4& Touch R toe forward, Hold, Bring R to L 6
5&6& Touch L toe forward, Bring L to R, Touch R toe forward, Bring R to L 6
7&8 Touch L toe forward, On balls of both feet twist L & R, (weight on R) 6

Sailor ¼ L, R Mambo, L Back Coaster, Together, Step, Step

1&2 Sweep ¼ Turn L step L round back of R, Bring R to L, Step L Forward 3,oclock
3&4 Rock forward on R, Recover on L, Step back on R 3
5&6& Step back on L, Bring R to L, Step L forward, & Bring R to L 3
7,8 Step Forward on L, Step R to R side 3

Rock & Side, Behind Side Cross, Rock & Cross, Behind ¼ R

1&2 Rock L over R, Recover on R, Step L to L side 3,oclock
3&4 Step R behind L, Step L to L side, Cross R over L 3
5&6 Rock L out to L side, Recover on R, Cross L over R 3
7&8 Step R to R side, Step L behind R, Make ¼ R stepping forward on R * 6

Wall 2 Tag & Restart:- 7&8& add an & count bringing L to R, Restart the dance again

Full Turn R, L Mambo, Walk Back x 2, ½ Turn R, ½ Turn R

1,2 Make ½ R step back on L, Make ½ R step forward on R 6,oclock
3&4 Rock forward on L, Recover on R, Step back on L 6
5,6 Walk back on R, Walk back on L 6
7,8 Make ½ turn R step forward on R, Make ½ R spin on ball of R bring L to R 6

Tag & Restart on wall 2:- after count 7&8 on section 5 add an & count in quickly bringing L to R

Restart on wall 6:- after count 7 hold a count on section 1, & restart the dance

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