# HeartStrings (P)



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音樂: Now That's Alright With Me - Mandy Barnett



Beginning Position: Man & lady are facing outside Line of Dance, man directly behind lady. Mans right & left hands holding lady's right hand & left hands respectively, both at shoulder height. Weight on left foot.

# BALANCE STEP, 1/4 LEFT, SCUFF, RIGHT LOCKSTEP, SCUFF

1-2 Step right to right side, touch left next to right
3-4 Turn ¼ Left stepping forward with left, scuff right

5-7 Step right diagonally forward, lock left behind right, step right diagonally forward

8 Scuff left

## LEFT LOCKSTEP, SCUFF, ROCKING CHAIR

9-11 Step left diagonally forward, lock right behind left, step left diagonally forward,

12 Scuff right

13-14 Rock right forward, recover weight in place on left
15-16 Rock right backward, recover weight in place on left

## 1/2 LEFT PIVOT, SHUFFLE, FULL TURN RIGHT, SHUFFLE

17-18 Step right forward, turn 1/2 left shifting weight to ball of left foot

(Man releases Lady's left hand & brings right hand over her head [17] Partners rejoin left hands in front at waist level [18])

19&20 Step right forward, step left together, step right forward

21-22 Turning ½ right step back with left, turning ½ right step forward with right

(Man releases Lady's left hand & raises right hand for turn and then rejoins left hands at Lady's shoulder)

Step left forward, step right together, step left forward

# **WOMEN**

#### 1/4 LEFT PIVOT, CROSSING SHUFFLE, FULL TURNING VINE RIGHT, TOUCH

25-26 Step right forward, turn ¼ left shifting weight to ball of left foot

27&28 Cross right over left, step left to left side, cross right over left (Facing outside of dance floor)

(Traveling Left toward LOD)

29-31 Turn ¼ right stepping back with left, turn ½ right stepping forward with right, turn ¼ right

stepping to side with left

32 Touch right toe next to left

(Rejoin hands at Shoulder height facing outside of dance floor in tandem position)

MEN

# 1/4 LEFT PIVOT, CROSSING SHUFFLE, VINE LEFT, TOUCH

25-26 Step right forward, turn 1/4 left shifting weight to ball of left foot

27&28 Cross right over left, step left to left side, cross right over left (Facing outside of dance floor)

(Traveling Left toward LOD - Release Lady's left hand and raise right hand for Lady's Turn)

29-31 Step left to left side, step right behind left, step left to left side

32 Touch right toe next to left

(Rejoin hands at Shoulder height facing outside of dance floor in tandem position)

#### **REPEAT**

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