

拍數: 32 牆數: 4 級數: Intermediate

編舞者: Jaci Gecelter (CAN) - October 2012

音樂: Skyfall - Adele: (iTunes)



Dance starts 32 counts in on lyrics.

STEP SIDE. CROSS ROCK RECOVER STEP BACK. CROSS UNWIND S	

1 Step right with RF to the diagonal

2&3 Cross LF over RF, recover back on RF, step LF back (facing 1.30)

4&5 Cross RF over LF unwind a full turn left, step LF down next to RF, step RF back

(straightening body to 3.00)

6 Cross LF over RF

7&8& Step right side with RF, cross LF behind RF, step right side with RF, cross LF over RF

STEP SWEEP, 1/4 COASTER, 1/2 PIVOT 1/4 TURN, SWAY, 1 1/4 TURN, BALL STEP

1 Step right side with RF sweeping LF behind

2&3 Turn 1/4 left stepping back on LF, step RF next to LF, step LF forward (12.00)

4&5 Step RF forward, 1/2 turn left stepping forward on LF, 1/4 turn left stepping right side on RF

(3.00)

6 Sway left onto LF

7&8& Step 1/4 turn right on RF, make 1/2 turn over right stepping back on LF, make 1/2 turn over

right stepping forward on RF, bring LF next to RF (6:00)

STEP FORWARD, LOCK STEP BACK, SIDE ROCK CROSS, WALK, 1/2 PIVOT, 1/2 TURN 1/2 TURN

1 Step forward on RF

2&3 Step LF back, bring RF in front of left, step LF back

4&5 Step right side with RF, recover onto LF, cross RF over LF

6 Step LF forward facing the diagonal wall (4:30)

7&8& Step RF forward, 1/2 turn left setting LF forward, 1/2 turn left step back on RF, 1/2 turn left

stepping forward on LF (facing 10.30)

1/8 TURN STEP SIDE, ROCK BACK RECOVER SIDE, CROSS 1/4 TURN 1/4 TURN, CROSS, 1/4 TURN 1/4 TURN ROCK RECOVER

1 Make 1/8 turn left stepping right with RF (straightening up to 9.00)

2&3 Rock LF behind RF, recover on RF, step left side with LF

4&5 Cross RF over LF, 1/4 turn right stepping back on LF, 1/4 turn right stepping to right side on

RF (3.00)

6 Cross LF over RF

7&8& Make 1/4 turn left stepping back on RF, 1/4 turn left stepping to left side on LF, rock forward

on RF, recover on LF (9.00)

REPEAT AND ENJOY!!

**** 1 Restart on Wall 4 after 16 counts (facing 9:00). Instead of stepping forward after your turn, step to the right side and restart the dance.

Contact: jaci@rogers.com or 647-283-3676

^{****}Restart here on Wall 4