

Monster Mash For Beginners

COPPERKNOB
BYEFOOTETS

拍數: 32 牆數: 1 級數: Ultra Beginner
編舞者: Russell Breslauer (USA) - October 2010
音樂: Monster Mash - Bobby Boris Pickett



Adapted for 1 wall with no jumps from Monster Mash Mix by Michael Bromley

FRANKENSTEIN STRUTS FORWARD

- 1-2 Do a right toe strut forward, raising arm up then down
- 3-4 Do a left toe strut forward, raising arm up then down
- 5-6 Do a right toe strut forward, raising arm up then down
- 7-8 Do a left toe strut forward, raising arm up then down

DRACULA SLIDES RIGHT AND LEFT

- 1-4 Step Right to right and slide left to the right and touch, left arm as if holding a cape
- 5-8 Step Left to left and slide right to the left and touch, right arm as if holding a cape

MUMMY WALK IN CIRCLE

- 1- 8 Step ¼ turn right with Right slide left to right repeat 3 times to face front again .
- Put your arms out at the chest height like a walking mummy**

MASHING PUMPKINS (MONSTERS) BACKWARD

- 1 - 8 Lift the right foot and stamp (mash) backwards repeat 3 times alternating feet

REPEAT

Contact: BreslauerDanceSF@Yahoo.com
