

Footwurkin'

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jill Babinec (USA) & Scott Schrank (USA) - September 2014
音樂: Footwurkin' - Keke Palmer : (CD: So Uncool - iTunes)



Start: 16-Count Intro

Phrasing: 4 Tags (Sequence: 32-32-32-Tag-32-32-32-Tag-32-32-32-Tag-Tag-24)

[1-8] RT BEHIND - OUT – RECOVER RT, L STEP BEHIND -OUT, CROSS L OVER RT, STEP BACK ¼ L TURN, L SAILOR

1-2& Step R foot behind left on back diagonal (1), Step ball of L foot to left (2), Step R foot to right (&)
3-4 Step L foot behind rt (3), Step R foot to right
5-6 Cross L over R (5), Making ¼ turn L step back on R foot (6)
7&8 Step L behind R (7), Step ball of R to right (&), Step L to left (8) (9:00)

[9-16] WIZARD R, WIZARD L, TOUCH FWD - HEEL SWIVEL, CENTER, 1/4 TURN, CROSS

1-2& Step R foot diagonally right (1), Step ball of L foot behind R foot (2), Step R foot diagonally right (&)
3-4& Step L foot diagonally left(3), Step ball of R foot behind L foot (4), Step L foot diagonally left (&)
5&6 Touch R ball forward (5), Lift heels off floor and swivel both heels to the right (&), heels back center (6)
7-8 Making ¼ turn R step R to right (7), Cross L over R (8) (12:00)

[17-24] PRESS, RECOVER, PRESS, RECOVER, POINT, ROLL 1/4 TURN, COASTER

1-2& Press R foot to rt side (1), Recover weight to L foot (2), Step ball of R foot next to L foot (&)
3-4& Press L foot to left side (3), Recover weight to R foot (4), Step L foot next to R (&),
5-6 Point R foot to right (don't extend it too far) (5), Roll R knee CW as pivot on ball of L ¼ turn right (6)
7&8 Step R foot back (7), Step L foot next to R (&), Step R foot forward (8) (3:00)

[25-32] SIDE, KICK-BALL-CROSS, SIDE, TAP, KICK, BALL CROSS STEP

1-2 Large step L foot to left (may step slightly on L fwd diagonal) (1), Kick R foot diagonally right (2)
&3-4 Step ball of R foot slightly back (&), Cross L foot over R foot (3), Step R foot right (4)
5-6 Tap L toes next to R foot (5), Kick L foot diagonally left (6)
&7-8 Step ball of L foot slightly back (&), Cross R foot over L foot (7), Step L foot to left (8)

Start the dance again

TOE TAG: STEP FWD, HOLD, ¼L TURN HIP ROLL, HOLD, STUTTER STEP

1-2 Step R foot forward (1), Hold (2)
&3-4 Hip Roll counter clockwise making 1/4 turn left end with wt on left (&3), Hold (4)
5-6 Tap R next to L foot (keep wt on left) (5), Hold (6)
7&8 Slide R foot on ball of foot to the R as you are slightly bending left knee (your body angle will slightly turn to the left diagonal (7), Slide R foot back to center (&), Slide R foot on ball of foot to R as bend left knee (8)

9-16 Repeat first 8 counts

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