# Soul 2 Soul



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Kate Sala (UK) - September 2012 音樂: Alive - Sonique : (Album: Alive EP)



#### Intro: 16 count - Start on main vocals

| 1 | Stan | right | forward. |
|---|------|-------|----------|
|   | SIED | HUHL  | ioiwaiu. |

| 2 & 3 | Step left forward. Pivot 1/2 turn right. Step left forward  |
|-------|---|
| 4 & 5 | Step right forward. Pivot 1/2 turn left. Step right forward |

& 6 Lock step left behind right. Step right forward.

7 & 8 Rock forward on left. Rock back onto right. Step left back sweeping right out to side.

#### Section 2: Sailor Step, Sailor 1/4, Walk Back x 2, Back, Touch, Forward, Touch, Coaster

| 1 & 2 | Cross right behind left. Step left to left side. Step right to right side              |
|-------|--|
| & 3 & | Cross left behind right. Step right to side. Turn 1/4 right stepping left back. (3:00) |
| 4&    | Step back right, back on left  |
| 5 &   | Step back right. Touch left toe beside right instep.                                   |
| 6 &   | Step left forward. Touch right toe beside left instep.                                 |
| 7 & 8 | Step right back. Step left beside right. Step right forward.                           |

#### Section 3: Hitch 1/2 Turn, Cross x 2, Rock & Cross, Reverse Full Turn into Basic NC, Side

| &     | Hitch left knee and pivot 1/2 right on ball of right. (9:00)                        |
|-------|---|
| 1 – 2 | Cross left over right. Cross right over left.                                       |
| 3 & 4 | Rock left to left side. Recover onto right. Cross left over right.                  |
| 5 &   | Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward.             |
| 6     | Turn 1/4 left stepping right to right side.   |
| 7 & 8 | Cross rock left behind right. Recover onto right. Step left long step to left side. |

## Section 4: Back Rock, Side Rock, Cross Rock, 1/4, Step Pivot 1/4 Step, Full Turn, Step Lock

| 1 &   | Cross rock right behind left. Recover onto left.                               |
|-------|--|
| 2 &   | Rock right to right side. Recover onto left.                                   |
| 3 &   | Cross rock right over left. Recover onto left.                                 |
| 4     | Turn 1/4 right stepping right forward.   |
| 5 & 6 | Step left forward. Pivot 1/4 turn right. Step left forward.                    |
| 7 &   | Turn 1/2 left stepping right back. Turn 1/2 left stepping left forward. (3:00) |
| 8 &   | Step right forward. Lock left behind right.                                    |

### Tag: End of Wall 2 (facing back wall):

| 1 | Step right forward. |
|---|---------------------|
|---|---------------------|

2 & 3 Rock forward on left. Recover onto right. Step left back.

4 & Rock back on right. Recover onto left.