

All I Need

拍數: 48 牆數: 2 級數: Improver - waltz
編舞者: Judy Rodgers (USA) - September 2012
音樂: All I Need - Christina Aguilera : (CD: Bionic)



24 count intro (no tags, no restarts)

Step forward, rock, recover, weave left

1-3 Step L forward, rock R to right side, recover to L
4-6 Step R across L, step L to left side, step R behind left

Step, drag, touch, rolling vine (turn $\frac{1}{4}$, turn $\frac{1}{2}$, turn $\frac{1}{4}$)

1-3 Step L long step to left side, drag R together, touch R beside L
4-6 Turn $\frac{1}{4}$ right step R forward, turn $\frac{1}{2}$ right step L back, turn $\frac{1}{4}$ right step R to side

Cross, turn $\frac{1}{4}$, step back, step back, turn $\frac{1}{4}$, point

1-3 Cross L over R, turn $\frac{1}{4}$ left stepping R back, step L back 9:00
4-6 Step R back, turn $\frac{1}{4}$ left step L to side, point R to side 6:00

Turn $\frac{1}{2}$ step right, sweep/point, hold, turn $\frac{1}{2}$ step left, sweep/point, hold

1-3 Turn $\frac{1}{2}$ right step R fwd, sweep L completing turn, point L to side, hold 12:00
4-6 Turn $\frac{1}{2}$ left step L fwd, sweep R completing turn, point R to side, hold 6:00

Sweep $\frac{1}{2}$ sailor step, cross, turn $\frac{1}{4}$, turn $\frac{1}{4}$

1-3 Sweep R $\frac{1}{2}$ right step R behind L, step L to left side, recover to R 12:00
4-6 Cross L over R, turn $\frac{1}{4}$ left step R back, turn $\frac{1}{4}$ left step L to left side 6:00

Cross, unwind $\frac{3}{4}$, forward waltz basic

1-3 Cross R over L and unwind $\frac{3}{4}$ left keeping weight on L (2 beats) 9:00
4-6 Step R forward, step L beside right, step R beside L

Rock forward, recover, turn $\frac{1}{4}$, twinkle

1-4 Rock L forward, recover R, turn $\frac{1}{4}$ left step L to left side 6:00
4-6 Cross R over L, step L to side, step R to side

Step forward, point, hold step back, point, hold

1-3 Step L forward (slight right diagonal), point R to side, hold
4-6 Step back on R (straighten to front wall), point L to left side, hold

Repeat