

Deliverance

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK) & Benny Ray (DK) - September 2012
音樂: Banjo - Rascal Flatts : (CD: Changed)



Start on vocals. 16 count intro.

[1-8] Kick Ball Step, Heel Swivel, Step Back, Coaster Step. Ball Step, Step.

1&2 Kick R forward. Step down on ball of R. Step forward on L.
&3 Swivel both heels left. Swivel both heels back to center. (Weight on R)
4 Step back on L.
5&6 Step back on R. Step L next to R. Step forward on R.
&7-8 Step ball of L next to R. Step forward on R. Step forward on L. 12 o'clock

Tag: Add 4 count Tag here during Wall 4 then continue with counts 9-24

Tag: Add 4 count Tag here during Wall 7 then restart from beginning of dance

[9-16] Step Forward, Swivel x2 Making 1/2 Turn Left, Coaster Step, Walk x2, Kick Ball Point Left.

1&2 Step forward on R. Swivel L heel right starting to make 1/2 turn L. Swivel R heel right
Completing 1/2 turn L (Weight on Right). 6 o'clock
3&4 Step back on L. Step R next to L. Step forward on L.
5-6 Walk forward on R, L.
7&8 Kick R forward. Step down on R. Point L out to left side.

[17-24] Point Across, Point Left Side, Sailor 1/4 Turn, Step Forward Heel Swivel, Stomp Left Swivel In Toe, Heel.

1-2 Point L toe across to right diagonal. Point L toe out to left side.
3&4 Make 1/4 turn L cross stepping L behind R. Step R to right side. Step on L to left side. 3
o'clock
5&6 Step forward on R. Swivel R heel right. Swivel R heel to center. (Weight on R).
7&8 Stomp on L out to left side. Swivel L toe in towards R. Swivel L heel in towards R. (Weight on
Left)

Restart from here during Wall 4 facing 6 o'clock

[25-32] Side Rock Right, Recover, Cross Shuffle, Side Rock Left, Recover, Sailor 1/2 Turn Left.

1-2 Side rock on R to right side. Recover on L.
3&4 Cross step R over L. Step L to left side. Cross step R over L.
5-6 Side rock on L to left side. Recover on to R.
7&8 Cross step L behind R. Turn 1/2 left stepping down on R. Step slightly forward on L. 9 o'clock

Tag: During Wall 4. Dance the first 8 counts only then add 4 Count tag.

1-4 Full turn walk around on R, L, R, L. Completing a full circle. 3 o'clock, Continue with counts
9-24 only. Restart facing 12 o'clock.

During Wall 7, dance the first 8 counts then add 4 Count tag and Restart. 12 o'clock.