

Jamba

拍數: 64
編舞者: Nat Davids (SA) - October 2012
音樂: María - Ricky Martin

牆數: 4

級數: Easy Intermediate - Samba style



Intro: 32 counts AFTER START OF MUSIC. 3 restarts - wall 4, wall 6 and wall 8

NOTE: The dance starts with an intro, to be danced at the beginning of the dance, and at the end of dance.

SECTION 1: INTRO - 16 COUNTS

[1 to 8] BOTA FOGO X 2. (SAMBA STEPS) FULL TURN. (VOLTAS)

- 1 & 2 Step RF across LF.(1) Step LF to left side, (&) recover on to RF.(2)
- 3 & 4 Step LF across RF.(3) Step RF to right side, (&) recover on to LF.(4)
- 5& 1/4 turn right stepping RF fwd (3o'clock) (5), 1/4 turn right, rocking back on ball of LF.(6 o'clock)
- 6& Step fwd on RF. (6 o'clock)(6) 1/4 turn right rocking back on ball of LF (9 O'clock)(&)
- 7& Step fwd on RF (9 o'clock)(7) 1/4 turn rocking back on LF (12 o'clock). (&)
- 8 Step fwd on RF (12 o'clock). (8).

SECTION 2:

[9 to 16] BOTA FOGO X 2. (SAMBA STEPS) FULL TURN. (VOLTAS)

- 1 & 2 Step LF across RF.(3) Step RF to right side, (&) recover on to LF.(4)
- 3 & 4 Step RF across LF.(1) Step LF to left side, (&) recover on to RF.(2)
- 5& 1/4 turn left stepping LF fwd.(9o'clock)(5), 1/4 turn left rock back on ball of RF (6 o'clock)(&)
- 6& Step fwd on LF ((6o'clock) (6),1/4 turn left rock back on RF (3 o'clock) (&).
- 7& Step fwd on LF (3 o'clock) (7) 1/4 turn left rock back on ball of RF (12 o'clock).(8)
- 8 Step fwd on LF.(8)

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Main Dance

Section 1: SAMBA WALK, BOTA FOGO. SAMBA WALK, BOTA FOGO,HITCH. (TRAVEL FWD)

- 1 a 2 Step fwd on RF,(1) rock back on LF,(a) recover on to RF.(2)
- 3 & 4 Step fwd on LF,(3) rock to right side on RF,(8) recover on to LF(4)
- 5 a 6 Step fwd on RF,(5) rock back on LF,(a) recover on to RF.(6)
- 7 & 8a Step fwd on LF(7), rock to right side on RF(8), recover on to LF.(8), Hitch RF next to left calf(a).

Section 2: DIAGONAL BACK CHASSES, HITCH X 4 (TRAVEL BACK)

- 1& 2a Step RF back on diagonal,(1) step LF next to RF,(8) step RF back on diagonal,(2) hitch LF next to right calf(a)
- 3& 4a Step LF back on diagonal,(3) step RF next to LF,(8) step LF back on diagonal,(4) hitch RF next to left calf(a)
- 5& 6a Step RF back on diagonal,(5) step LF next to RF,(8) step RF back on diagonal,(6) hitch LF next to right calf(a)
- 7& 8a Step LF back on diagonal (7), step RF next to LF,(8) step LF back on diagonal,(8) hitch RF next to left calf(a)

Section 3: JAZZ BOX 1/4 TURN, L CHASSE, 1/4 TURN R CHASSE X 2

- 1 2 Cross RF over LF(1), step back on LF(2)
- 3 4 1/4 turn right stepping RF to right side (3). Step LF fwd.(4)(3 o'clock)
- 5a 6 Step RF to right side (5), Step LF next to RF (a), Step RF to right side (6).
- 7a 8 1/4 turn right. Step LF to left side (7), step RF next to LF (a), Step RF to right side (8)(6 o'clock)

Section 4: JAZZ BOX 1/4 TURN, L CHASSE, 1/4 TURN R CHASSE X 2

- 1 2 Cross RF over LF(1), step back on LF(2)
3 4 1/4 turn right stepping RF to right side (3). Step LF fwd.(4)(9 o'clock)
5a 6 Step RF to right side (5), Step LF next to RF (a), Step RF to right side (6).
7a 8 1/4 turn right. Step LF to left side (7), step RF next to LF (a), Step RF to right side (8)(12 o'clock)

Restart on walls 6 & 8

Section 5: 1/8 TURN, SYNCOPATED ROCK RECOVER X 2. 1/4 TURN ROCK RECOVER ROCK. 1/2 TURN ROCK RECOVER ROCK

- 1 & 2 1/8 turn right rocking fwd on RF to face 1.30 (1). Recover on to LF (&). Stepping RF in place (2).
3 & 4 1/2 turn left rocking fwd on LF to face 7.30 (3). Recover on to RF (&). Stepping LF in place.(4)
5 & 6 1/4 turn right rocking fwd on RF to face 11.30 (5). Recover on to LF (&). Stepping RF in place (6).
7 & 8 1/2 turn left rocking fwd on LF to face 4.30 (7). Recover on to RF (&). Stepping LF in place to face 6 o'clock (8).

Section 6: CROSS, BACK, BACK. CROSS, BACK, BACK - MOVING BACKWARDS

- 1 2 Cross RF over LF (1). Step diagonally back on LF (2).
3 4 Step diagonally back on RF (3). Cross LF over RF (4)
5 6 Step diagonally back on RF (5) . Step diagonally back on LF (6).
7 8 Cross RF over LF (7). Step diagonally back on LF (8).

Restart on Wall 4

Section 7: BASIC SAMBA WALKS X 4 - MOVING FWD.

- 1 & 2 Step RF to right side facing right diagonal 7.30 (1). rock back on LF (&). Recover on RF in place (2)
3 & 4 Step LF to left diagonal - 4.30 (3) Rock back on to RF (&), recover on to LF in place (4).
5 & 6 Step RF to right side facing right diagonal 7.30 (5). rock back on LF (&). Recover on RF in place (6)
7 & 8 Step LF to left diagonal - 4.30 (7) Rock back on to RF (&), recover on to LF in place (8).

Section 8: RIGHT Full Turn (VOLTAS). LEFT 3/4 TURN (VOLTAS)

- 1 & 1/4 turn right stepping RF fwd (9o'clock) (1), 1/4 turn right, rocking back on ball of LF.(&) (12 o'clock)
2& Step fwd on RF. (12 o' clock)(2) 1/4 turn right rocking back on ball of LF (3 O'clock)(&)
3& Step fwd on RF (3 o'clock)(3) 1/4 turn rocking back on LF (6 o'clock). (&)
4 Step fwd on RF (6 o'clock). (4).
5& 1/4 turn left stepping LF fwd.(3o'clock)(5), 1/4 turn left rock back on ball of RF (12 o'clock)(&)
6& Step fwd on LF ((12o'clock) (6),1/4 turn left rock back on RF (9 o'clock) (&).
7& Step fwd on LF (9 o'clock) (7) Rock back on ball of RF (9 o'clock).(&)
8 Step fwd on LF.(8) (9 o'clock)

Ending Dance the 2 sections of the Intro - 16 counts. Hold & strike a pose. At the end of wall 9, you will be facing 12 o'clock

NOTE: THE RIGHT AND LEFT CHASSES IN SECTION 3 AND 4 CAN BE REPLACED BY SAMBA FAN STEPS IF YOU PREFER.
