

# Formentera

拍數: 64                      牆數: 1                      級數: Beginner  
編舞者: Patrizia Porcu (IT) - September 2012  
音樂: Formentera - Giò Valeriani : (Album: Formentera - 3:46)



**Start: after 16 counts on the word "son" - NO TAG - NO RESTART**

## **SECTION 1: (1-8): BASIC SIDE MERENGUE R AND L**

1-2-3-4              Step R side, step L beside R, step R side, point L beside R  
5-6-7-8              Step L side, step R beside L, step L side, point R beside L

## **SECTION 2: (9-16): BASIC MERENGUE FW AND BACK WITH R FOOT (WOL in place) x 2**

1 - 2                  Step R forward and clap hands, recover L and clap hands  
3 - 4                  Step R back, recover L shaking shoulders  
5 - 8                  REPEAT 1-4

## **SECTION 3: (17-24): BASIC MERENGUE R AND L MAKING A FULL TURN IN PLACE**

1 - 2                  Step R side, step L side, turn ¼ L (9:00)  
3 - 8                  Make the same steps turning ¼ L on the others 3 walls

## **SECTION 4: (25-32): REPEAT (1-8) SECTION 1**

## **SECTION 5: (33-40): PONY STEP R AND L X 2**

1 & 2                  Rock R on diagonal R, step ball L toe in place on same direction, recover R in place  
3 & 4                  Rock L on diagonal L, step ball R toe in place on same direction, recover L in place  
5 & 6                  REPEAT 1&2  
7 & 8                  REPEAT 3&4

## **SECTION 6: (41-48): "OUT" FORWARD R AND L (SIDE BY SIDE), "IN" BACK R AND L, R SIDE, POINT, L SIDE, POINT**

1 - 2                  Step out forward R, step out forward L (side by side) Stand up R and L arm in accord with foot  
3 - 4                  Step in back R, step in back L (beside) Put down R and L arm in accord with foot  
5 - 6                  Step R side, point L (Shake shoulders)  
7 - 8                  Step L side, point R (Shake shoulders)

## **SECTION 7: (49-56): BASIC R SIDE MERENGUE, TRIPLE STEP L FULL TURN**

1-2-3-4              Step R side, step L beside R, step R side, point L beside R  
5-6-7-8              Step L side, turn ½ L, step R side, turn ½ L, step L side, point R beside L

## **SECTION 8: (57-64): REPEAT SECTION 6**

**NOTE: These steps are in Merengue style, so transfer completely weight on each foot with hips movements and .....**

**HAVE FUN AND SMILE !!!!!!!!!!!**

For any ask contact me at: -  
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**GOOD DANCING.....KISSES FROM ROME.....**