

# Roly Poly With Felicia

COPPER KNOB  
BY STEPHEN

拍數: 128  
牆數: 0  
編舞者: Felicia Teh (MY) - August 2011  
音樂: Roly-Poly - T-ara

級數: Phrased Intermediate



Start dance after 16 counts - Sequence: Intro 16 / CABCTag 1 / ABCTag 2 / BA(32 counts)CTag1 Pose.

## INTRO ( 16 COUNTS )

### (1) Cross Touches , Swivel From Left To Front

1,2,3,4 Cross L over R , Touch R to R , Cross R over L , Touch L to L  
&5&6&7&8 Swivel L heel out , in , out , in , out , in , out, in ( From side to front )

### (2) Cross Touches , Together Step & Hip Sways R , L , R , L

1,2,3,4 Cross L behind R , Touch R to R , Cross R behind L , Touch L to L.  
5,6,7,8 Step L next to R with hip sway R, Step R next to L with hip sway L, : Step L next to R with hip sway R, Step R next to L with hip sway L.

## PART C (32 COUNTS)

### (1) Step R To R With Hip Sway , Hitch L And Slap

1 R to R with hip sway to R ( Place L hand straight at chest level with palm facing downwards, swing R hand above R shoulder with palm facing upwards )  
2 Sway hip to L ( Swing R hand in a circular mode to the front and above L hand with palm facing upwards )  
3 Sway hip to R ( Swing R hand in a circular mode and place beside R shoulder with palm facing downwards )  
4 Sway hip to L ( Swing R hand in a circular mode to the front and below L hand with palm facing upwards )  
5 Sway hip to R ( Swing R hand in a circular mode and place beside R shoulder with palm facing downwards )  
6 Sway hip to L ( Swing R hand in a circular mode to the front and above L hand with palm facing upwards )  
7 Sway hip to R ( Swing R hand in a circular mode and place beside R shoulder with palm facing downwards )  
8 Hitch L ( Place L hand on L waist and slap R hand on to L foot )

### (2) Step L To L With Hip Sway , Sway R , Recover L And Hitch R , Step R To R With Hip Sway , Sway L , Sit On R , Hip Bumps

1 Step L to L and sway to L ( Point R index finger diagonally upwards to R )  
2 Sway R ( Place R hand on R waist , point L index finger diagonally upwards to L )  
3 Recover L hitch R ( Slap L hand onto R foot )  
4 Step R to R and sway to R ( Point L index finger diagonally upwards to L )  
5 Sway L ( Place L hand on L waist , point R index finger diagonally upwards to R )  
6 Sit on R ( Place R hand on R waist , Point L index finger to L side )  
7,8 Push hip upwards to L , push hip downwards to R ( sit )

### (3) Step L To L With Hips Sway , Hitch R And Slap

1 L to L with hip sway to L ( Place R hand straight at chest level with palm facing downwards, swing L hand above L shoulder with palm facing downwards )  
2 Sway hip to R ( Swing L hand in a circular mode to the front and above R hand with palm facing upwards )  
3 Sway hip to L ( Swing L hand in a circular mode and place beside L shoulder with palm facing downwards )

- 4 Sway hip to R ( Swing L hand in a circular mode to the front and below R hand with palm facing upwards )
- 5 Sway hip to L ( Swing L hand in a circular mode and place beside L shoulder with palm facing downwards )
- 6 Sway hip to R ( Swing L hand in a circular mode to the front and above R hand with palm facing upwards )
- 7 Sway hip to L ( Swing L hand in a circular mode and place beside L shoulder with palm facing downwards )
- 8 Hitch R ( Place R hand on L waist and slap L hand on to R foot )

**(4) Step R To R With Hip Sway , Sway L , Recover R And Hitch L , Step L To L With Hip Sway , Sway R , Sit ON L , Hip Bumps**

- 1 Step R to R and sway to R ( Point L index finger diagonally upwards to L )
- 2 Sway L ( Place L hand on L waist , point R index finger diagonally upwards to R )
- 3 Recover R hitch L ( Slap R hand onto L foot )
- 4 Step L to L and sway to L ( Point R index finger diagonally upwards to R )
- 5 Sway R ( Place R hand on R waist , point L index finger diagonally upwards to L )
- 6 Sit on L ( Place L hand on L waist , Point R index finger to R side )
- 7,8 Push hip upwards to R , push hip downwards to L ( sit )

**PART A (64 COUNTS)**

**(1) Grapevine R , Touch , Grapevine L , 1/4 Left Turn , Touch**

- 1,2,3,4 – Step R to right, cross L behind right, step R to right, touch L next to right.
- 5,6,7,8 – Step L to left, cross R behind left, 1/4 left touch R next to left.(9:00)

**(2) Rolling Vine R , Touch , Clap , 1/4 Left Rolling Vine**

- 1,2,3,4 – 1/4 turn right step R forward, 1/2 right step L back, 1/4 turn right step R to right side, touch L toe to left.(clap hands).(9:00)
- 5,6,7,8 – 1/4 turn left step L forward, 1/2 turn left step back on R, 1/4 turn left step L to left side, 1/4 turn left step forward on R.(6:00)

**(3) Jazz Box , 1/4 Left Turn Jazz Box**

- 1,2,3,4 – Cross L over right, step R to back right, step L to left side, cross R over left.
- 5,6,7,8 – Cross L over right, 1/4 L turn step R to back right , step L to left side, step R next to left. (3:00)

**(4) L Gallop X4 , R Gallop X3 , 1/4 Left Turn**

- 1&2&3&4 – Both feet together, hop to L 4 times.
- 5&6&7,8 – Both feet together, hop to R 3 times, Step forward L 1/4 turn. (12:00)

**(5) Forward R , Hitch , Step Back , Forward R , Hitch , 1/4 Turn**

- 1,2,3,4 – Step R forward, hitch L, touch L back, pushing hip back.(sit)
- 5,6,7,8 – Step R forward, hitch L, touch L back, 1/4 left turn step L to left side R to right side. (weight on L). (9:00)

**(6) Out , Out , In , In , paddle 1/4 Left turn , swivel**

- 1,2,3,4 – Step R out, step L out, step R back, step L beside right.
- 5,6,7,8 – Step R forward 1/4 left turn, step R beside L, swivel both heel out, out together. (6:00)

**(7) Forward R , Hitch , Step Back , Forward R , Hitch , 1/4 Turn**

- 1,2,3, 4 – Step R forward, hitch L, touch L back, pushing hip back.(sit)
- 5,6,7,8 – Step R forward, hitch L, touch L back, 1/4 left turn step L to left side R to right side. (weight on L).(3:00)

**(8) Out , out , in , in , touch back , 1/4 Left turn , body roll.**

- 1,2,3,4 – Step R out, step L out, step R back, touch L back.

5&6,7&8 – 1/4 left turn step L with body roll, step R beside L, touch L, step L with body roll, step R beside L, step L to left. (12:00)

### **PART B (32 COUNTS)**

#### **(1) Step R L , Step R L R , Forward Mambo , 1/4 Turn Left Mambo**

1,2,3&4 Step R, Step L, step R,L,R, (shoulder pop R L R L R)

5&6 Rock L forward, Recover onto R, step L back.

7&8 1/4 L turn by stepping R to R, recover on L, step R next L.(9:00)

#### **(2) Forward Mambo , R Mambo , L Mambo , 1/4 Pivot Turn Left**

1&2 Rock L forward, Recover onto R, step L back.

3&4 Rock R to right, Recover onto L, step R beside L.

5&6 Rock L to left, Recover onto R, step L beside R.

7,8 Step R forward, 1/4 pivot turn left .(6:00)

**(3)&(4) Repeat (1)(3:00) & (2)(12:00)**

### **TAG 1 (4 COUNTS)**

#### **(1) Finger Points**

After end of Part C, Points R index upwards in 4 counts.

(Ending do Tag 1 + Push Hip to right, Point L Upwards Pose)

### **TAG (2) (32 COUNTS)**

#### **(1) Finger Points**

1&2 – Roll Hand down to R hip, Point L index finger diagonally upwards to L. (place R hand on R waist)

3&4 – Roll Hand down to R hip, Point L index finger diagonally upwards to L. (place R hand on R waist)

5,6 – Point R index finger to diagonally upwards to R. (place L hand on L waist), Point R index finger downwards to L hip. (place L hand on L waist).

7,8 – Point R index finger to diagonally upwards to R. (place L hand on L waist), Point R index finger downwards to L hip. (place L hand on L waist).

#### **(2) Finger Points**

1&2 – Roll Hand down to L hip, Point R index finger diagonally upwards to R. (place L hand on L waist)

3&4 – Roll Hand down to L hip, Point R index finger diagonally upwards to R. (place L hand on L waist)

5,6 – Point L index finger to diagonally upwards to L. (place R hand on R waist), Point L index finger downwards to R hip. (place R hand on R waist).

7,8 – Point L index finger to diagonally upwards to L. (place R hand on R waist), Point L index finger downwards to R hip. (place R hand on R waist).

#### **(3) Forward Touch , Side , Cross Behind , Step Together , Cross Front**

1,2,3&4 – Touch R forward, Touch R to right, Cross R behind L, L step together R, R cross over L.

5,6,7&8 – Touch L forward, Touch L to left , Cross L behind R, R step together L, L cross over R.

#### **(4) Out , Out , In , In**

1,2,3,4 – Step R Out ,hold , Step L out, hold

5,6,7,8 – Step R In ,hold , Step L in, hold (step together)

### **HAPPY DANCING**

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