High Cotton



拍數: 32 編數: 4 級數: Beginner / Improver

編舞者: Jack Taylor (UK) - September 2012

音樂: High Cotton - Alabama: (CD: For The Record)



26 Count intro.

Sec 1: FORWARD RIGHT, LEFT, MAMBO STEP, BACK LEFT, RIGHT, COASTER STEP.

1-2 Walk forward right, left.

3&4 Rock forward right, recover onto left, step back right.

5-6 Walk back left, right.

7&8 Step back left, step right beside left, step forward left.

Sec 2: SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, CROSS ROCK, SIDE ROCK, CROSS ROCK.

1-2 Rock right to right side, recover onto left.

3&4 Cross right behind left, step left to left side, cross right over left.

(Tag + Restart here on wall 4 facing 9.00).

Rock left to left side, recover onto right, cross rock left over right, recover onto right.

Rock left to left side, recover onto right, cross rock left over right, recover onto right.

Sec 3: BACK LEFT, RIGHT, COASTER STEP, CROSS, 1/4 TURN, COASTER STEP.

1-2 Walk back left, walk back right.

3&4 Step back left, step right beside left, step forward left.

5-6 Cross right over left, making ¼ turn right step back on left (facing 3:00).

7&8 Step back right, step left beside right, step forward right.

Sec 4: SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BACK ROCK, SIDE ROCK, BACK ROCK.

1-2 Rock left to left side, recover onto right.

3&4 Cross left behind right, step right to right side, cross left over right.

Rock right to right side, recover onto left, rock back on right, recover onto left.

Rock right to right side, recover onto left, rock back on right, recover onto left.

Begin again.

Tag + Restart.

After 12 counts of on wall 4 (Behind side cross) add a 1 count tag followed immediately by a Restart.

& Step left to left side.

Then restart the dance from the beginning.

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