

Spread A Little Happiness

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rosalee Musgrave (USA) - September 2012
音樂: Spread A Little Happiness by Studio 99



Alt. music:-

(Spread A Little Happiness by The Hit Company or Sting)
Ac-cent-tu-ate The Positive by Willie Nelson

Introduction: 32 beats

RIGHT HEEL, LEFT HEEL, RIGHT ROCKING CHAIR

1 – 4 Touch right heel forward, step on right, touch left heel forward, step on left
5 – 8 Rock right forward, recover back on left, rock right back, recover forward on left

CROSS TOE STRUT, SIDE TOE STRUT, CROSS ROCK, RECOVER BACK, TURN ¼ RIGHT, HOLD

1 – 2 Toe strut to left side crossing right toe over left, drop right heel
3 – 4 Moving left, toe strut touching left toe side, drop left heel
5 – 6 Cross rock right over left, recover back on left
7 – 8 Turning ¼ right stepping side on right, hold (3:00)

WEAVE LEFT, LEFT SCISSORS

1 – 4 Step left to left side, cross right behind left, step left to left side, cross right in front of left
(3:00)
5 – 8 Step left to left side, close right together beside left, cross left over right, hold

BOX WITH HOLDS

1 – 2 Step right to right side, close left beside right (3:00)
3 – 4 Step back on right, hold
5 – 6 Step left to left side, close right beside left
7 – 8 Step forward on left, hold

Smile!! Be Happy!! & Repeat

Dance will end on 6:00 wall. To end facing 12:00, start dance from beginning:

1 – 4 Touch right heel forward, step on right, touch left heel forward, step on left turning ½ right
pointing right forward
