A Little Bang

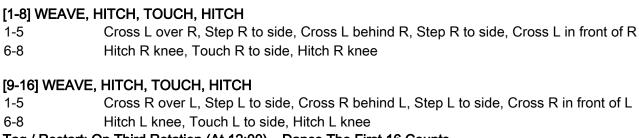
拍數: 64

(Sequence: 64-64-16-TAG-64-64-64)

級數: Easy Intermediate

編舞者: Forty Arroyo (USA) - September 2012

音樂: Bang Bang - Jody Bernal



A Hayloft floor Split inspired by Rachael McEnaney's intermediate dance "BANG BANG"

1-5 6-8

Tag / Restart: On Third Rotation (At 12:00) - Dance The First 16 Counts -

Do The Four Count Tag Below, And Start The Dance From The Beginning.

[17-24] CROSS, STEP, STEP, TOUCH, CROSS, STEP, STEP, TOUCH

- Cross L over R, Step back on R, Step L next to R, Touch R to side angling body to left 1-4 corner
- 5-8 Cross R over L, Step back on L, Step R next to L, Touch L to side – angling body to right corner

[25-32] SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER

- 1&2 (squaring off to 12:00) Step forward on L, Step R next to L, Step forward on L,
- 3.4 Rock forward on R, Step L in place (recover on L)
- Step back on R, Step L next to R, Step back on R 5&6
- 7,8 Rock back on L, Step R in place (recover on R)

[33-40] ROCKING CHAIR, 2 SMALL TURNS (FOR 1/4 TURN R)

- 1-4 Rock forward on L, Step R in place, Rock back on L, Step R in place
- 5-8 Step forward on L, Pivot 1/8 of a turn to R, Step forward on L, Pivot 1/8 to R (ending at 3:00)

[41-48] ROCKING CHAIR, 2 SMALL TURNS (FOR 1/4 TURN R)

- 1-4 Rock forward on L, Step R in place, Rock back on L, Step R in place
- 5-8 Step forward on L, Pivot 1/8 of a turn to R, Step forward on L, Pivot 1/8 to R (ending at 6:00)

[49-56] CROSS ROCK, RECOVER, ROCK SIDE, RECOVER, ROCK BACK RECOVER, STEP, CLAP

- 1-4 Cross step L over R, Step R in place, Rock L to side, Step R in place
- 5-8 angling body to left corner - Rock back on L, Step R in place, Step L forward (still facing corner), Clap

[57-64] CROSS ROCK, RECOVER, ROCK SIDE, RECOVER, ROCK BACK RECOVER, STEP, CLAP

- Cross step R over L, Step L in place, Rock R to side, Step L in place 1-4
- 5-8 Rock back on R, Step L in place, Step R to side, Clap

TAG: Wall 3 - After 16 counts

1-4 Stomp L, Clap, Stomp R, Clap - Start over.

END DANCE - STOMP R, STOMP L

ENJOY!!!! Questions? Email forty.arroyo@gmail.com





牆數:2

Dedicated to my SENIOR Ladies and Gents - (SENIOR GAL TESTED)