It's Always A Good Time

級數: Intermediate

編舞者: Rebecca Sweet-Sansom (AUS) - September 2012

音樂: Good Time - Owl City & Carly Rae Jepsen : (Album: Kiss - iTunes)

Start after 32 counts on full lyrics (clockwise)

[1-16] Walk R L R touch, step hip roll fwd, hip roll back, walk L R L back, tog, step L hip roll fwd, hip roll back;	
1,2,3,4	Walk R L R fwd, touch L together [options 1-4 & 9-12: full turns or skips to replace walks],
5,6,7,8	Step L fwd and slightly across to left, scoop hips with half body roll fwd (move weight to L),
	scoop hips with half body roll back (move weight to R) [options 5-8 & 13-16: step & sway hips
	fwd (2 counts) sway hips back (2 counts)],
1.2.3.4	Walk L R L back, step R together.

5,6,7,8 Step L fwd and slightly across to L, scoop hips with half body roll fwd (move weight to L), scoop hips with half body roll back (move weight to R), ***

[17-32] Leaps with touches L R L R to sides, side rock, sailor turn $\frac{1}{4}$, rolling vine touch, leaps with touches L R L R to sides;

- &1&2&3&4 Pushing off R with slight spring into air to land on L to side, touch R toe next to L, leap to R side, touch L toe next to R, repeat [options 17-20 & 29-32: step L side, drag R together, step R side, drag L together (whole counts) OR scoot on R to L side, step L, scoot L to R side, step R, repeat (half counts) OR step & swivel L R L R on spot (half counts)],
- 5,6,7&8 Rock L side, recover to R, L sailor step ¼ turn (9:00),
- 1,2,3,4 Rolling vine R L R to right, touch L together,
- &5&6&7&8 Leap to L side, touch R toe next to L, leap to R side, touch L toe next to R, repeat,

[33-48] Rock side, step across, ¼ turn & step, step back, turn ½, turn ½, turn ½, step, rock across, swivel R L, step touch, step touch;

- 1&2,3,4 Rock L to side, recover R, cross L in front, turn ¼ R with step R fwd, step L back (12:00),
- 5,6,7,8 Turn ½ R with step R fwd, turn ½ R with step L back, turn ½ R with step R fwd R (travelling towards 6:00 wall), step L fwd,
- 1,2,3,4 Rock R across L, recover to L, swivel R, swivel L,
- 5,6,7,8 Step R to side, touch L together, step L to side, touch R together; ###

[49-64] Rock side, sailor turn ¼, rock fwd, turn ½, step tog, leaps with touches fwd, back, fwd, back, rock fwd, coaster,

- 1,2,3&4 Rock R side, recover to L, sailor turn ¼ (9:00),
- 5,6,7,8 Rock L fwd, recover to R, turn ½ L and step L fwd, step R together (3:00),
- &1&2&3&4 Leap L fwd & slightly across to L, touch R toe together, leap R back & slightly across to R, touch L together, repeat, [option: step L fwd & sl across, drag R together, step R back & sl across, drag L together (whole counts) OR scoots fwd & sl across, step tog, scoot back & sl across, step tog, repeat (half counts)],
- 5,6,7&8 Rock L fwd, recover to R, L coaster step.

Start dance again.

***Restart: On wall 3 dance first 15 counts (2nd hip roll back for 1 count only) and on count 16 step L together, start dance again.

Suggested end: After count 48 turn ¼ R and rock R fwd, recover to L back, step R together, step L on spot.

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拍數: 64

牆數:4